

Patrick J. Barlow

Office of College Assessment
Saint Mary's University of Minnesota
700 Terrace Heights #1468
Winona, MN 55987-1399
pbarlow@smumn.edu
(office) 507-457-1469
(fax) 507-457-6990

Education

- August 2002 Ph.D. Psychology, Iowa State University
Dissertation Project: "The Measurement of Optimism and Hope in Relation to College Student Retention and Academic Success" Major Professor: Norman A. Scott, Ph.D.
- August 1996 M.A. Psychology (Clinical Emphasis), University of Northern Iowa
Thesis: "The Study of Optimism in a Freshman College Student Population: An Analysis of the Optimism About College Life Scale" Major Professor: Beverly A. Kopper, Ph.D.
- May 1994 B.A. Psychology, Loras College, Magna Cum Laude
Minor: Philosophy

Academic Positions

- June 2007- present Director of College Assessment, Saint Mary's University of Minnesota, Winona, MN
August 2005- May 2007 Assistant Professor of Psychology, Viterbo University, La Crosse, WI
August 2002- August 2005 Assistant Professor of Psychology, Gannon University, Erie, PA
January 2004-August 2005 Chair, Learning Outcomes Assessment Committee (¼ release)
Summer 2000, 2001, 2002 Temporary Instructor of Psychology, Iowa State University, Ames, IA
Fall 1997-Spring 2002 Graduate Teaching Assistant in Psychology, Iowa State University, Ames, IA

Service

Viterbo University

- Renovation Planning Committee, Residence Life and Student Activities Offices (Fall 2006 – Spring 2007)
- Search Committee for Director of Residence Life (Summer 2006)
- Search Committee for Residence Hall Director (Summer 2006)
- Search Committee for Student Activities and Organizations Director (Summer 2006)
- Program Coordination Committee for B. S. degree in Biopsychology (Fall 2005- Spring 2007)
- Advisor, Psychology Club (Fall 2005- Spring 2007)
- Judge, 7 Rivers Undergraduate Research Day (Fall 2005)

Gannon University

Committee Service

- University Retention Committee (Fall 2004-Summer 2005)
- Chair, Learning Outcomes Assessment Committee (Spring 2004 – Summer 2005)
- Ad-Hoc Online Evaluation Assessment Committee (Spring 2004-Summer 2005)
- Ad-Hoc Course Management Software Committee (Spring 2004-Summer 2005)
- Library Resource Allocation Committee for Psychology Department (Spring 2003)
- Student Development Committee (2003-2004)

Institutional Effectiveness Planning Group for Middle States Accreditation (Fall 2002)

Search Committees

Search Committee for Criminal Justice Position (Spring 2003)

Search Committee for Education Positions (Early Childhood/Special Education, Spring 2003)

Search Committee for Community Counseling Position (Fall 2004- Spring 2005)

Other Service

Behavioral Sciences Judge 2003 INTEL International Science & Engineering Fair (May, 2003)

Advisor for Undeclared Program (Fall 2003)

Judge, Graduate Student Research Day (Spring, 2004)

Iowa State University

Planning committee, Graduate Teaching Assistant Workshops, Center for Excellence in Learning & Teaching (Spring 2001)

Planning committee, "Building Community, Growing Roots" conference, Center for Excellence in Learning & Teaching (Spring 2001)

Graduate Program Committee, Psychology Department (Fall 2000-Spring 2001)

Evaluation of the University Freshman Honors Program (Spring 2000)

Teaching Experience

Viterbo University	General Psychology with Lab Research Methods I Senior Seminar	Biopsychology Psychopharmacology Positive Psychology (online)
Gannon University	Introduction to Psychology Scientific Methods in Psychology Physiological Psychology Theories of Personality Graduate Physiological Psychology	Introduction to Psychology (Honors) Psychometrics Positive Psychology Seminar Nature or Nurture (Behavior Genetics)
Iowa State University	Psychology of the Normal Personality Psychological Measurement	History of Psychology Introduction to Psychology

Research Interests

- Positive Psychology
- Program Evaluation
- Scholarship of Teaching and Learning

Presentations

Barlow, P. J. (2006, February). Positive psychological affects of forgiveness. Presented at the Humanities Symposium: Forgiveness: The Human Possibilities, Viterbo University, La Crosse, WI.

Barlow, P. J. (2005, May). Positive student responses to a seminar in positive psychology. Poster presented at the 17th Annual Meeting of the American Psychological Society, Los Angeles, CA.

Barlow, P. J. (2004, September). Assessing spirituality and religiosity: Insights from positive psychology. Presentation presented at the 7th Annual Counseling and Spirituality Conference, Gannon University, Erie, PA.

- Barlow, P. J. (2004, October). The cultivation of optimism and hope. Presentation at the 3rd Annual Counselor Wellness Day, Gannon University, Erie, PA..
- Barlow, P. J. (2004, March). The development of and student reaction to a seminar in positive psychology. Paper presented at the 18th Annual Conference on Undergraduate Teaching of Psychology, Monticello, NY.
- Barlow, P.J. (2004, March). Keeping hope alive in difficult times. Presentation as part of the University Honors Program's Last Words Lecture Series, Gannon University, Erie, PA.
- Barlow, P. J. (2003, October). The cultivation of optimism and hope. Presentation at the 2nd Annual Counselor Wellness Day, Gannon University, Erie, PA..
- Barlow, P. J. (2003, May). Hope as a predictor of retention and academic success. Poster presented at the 15th Annual Meeting of the American Psychological Society, Atlanta, GA.
- Barlow, P. J. (2002, October). Cultivating optimism and hope: Insights from positive psychology. Presentation at the 1st Annual Counselor Wellness Day, Gannon University, Erie, PA..
- Barlow, P. J. (1999, April). What can I do with a BA in the social sciences? Discussant on panel at the 6th Annual Undergraduate Social Science Research Conference, University of Northern Iowa, Cedar Falls, IA.
- Barlow, P. J. (1998, October). Graduate School Admission Strategies. Discussant on panel at the 8th Annual Tri-State Undergraduate Psychology Conference, Loras College, Dubuque, IA.
- Barlow, P. J. (1998, October). Careers with a BA/BS in Psychology. Discussant on panel at the 8th Annual Tri-State Undergraduate Psychology Conference, Loras College, Dubuque, IA.
- Barlow, P. J. & Frost, L. (2006, May). An exploration of behavioral genetics: The experience of a team taught nature and nurture course. Presented at the 6th Annual Enhancing the Teaching of Psychology Conference, University of Green Bay, Green Bay, WI.
- Barlow, P.J., Wardi-Zonna, K., Dwyer, M., & Kramzer, J. (2005, May). Effects of a summer treatment program for ADHD. Poster presented at the 17th Annual Meeting of the American Psychological Society, Los Angeles, CA.
- Laczo, R. M., Choukalas, C. G., Barlow, P. J., & Lange, M. B. (1998, August). The utility of self-efficacy in the prediction and classification of psychology majors. Poster presented at the meeting of the American Psychological Association, San Francisco, CA..
- Tobin, D., Barlow, P. J., Powers, R., Yezzi-Shareef, A. M., Mushrush, L., & May, L. (2003, September). Perennial love in religion and compassion in counseling. Presentation presented at the 6th Annual Counseling and Spirituality Conference, Gannon University, Erie, PA..

Research in Progress

Positive Psychology

Tobin, D. J. & Barlow, P. J. Adlerian social interest and its connection with positive psychology.

Scholarship of Teaching

McCurdy, K. G., & Barlow, P. J. Preparing a reflective counselor: An assessment of active learning in counselor education.

McCurdy, K. G., & Barlow, P. J. Assessing the working alliance of counseling students during structured peer group supervision.

Grants

- Faculty Development Grant, Gannon University. Competitive Grant. Awarded \$900 to present two projects at the 17th Annual Meeting of the American Psychological Society in Los Angeles, Spring 2005.
- Faculty Research Grant, Gannon University. Competitive Grant. Awarded \$900 to study the use of active learning strategies in training counselors to be self-reflective. Spring 2004.
- Faculty Development Grant, Gannon University. Competitive Grant. Awarded \$700 to present research related to the development of a seminar in Positive Psychology at the 18th Undergraduate Conference on the Teaching of Psychology in Monticello, NY. Spring 2004.

Honors and Awards

May 2004 Inducted into Psi Chi National Honor Society in Psychology
May 2002 Iowa State Psychology Department Teaching Award
May 2001 Iowa State University Teaching Excellence Award
May 2000 Wakonse Fellow, Iowa State University
August 1997 Premium for Academic Excellence Award, Iowa State University
August 1996 Outstanding Master's Thesis Award Nomination, University of Northern Iowa
Spring 1994 Loras College, Delta Epsilon Sigma, Academic Honor Society
1991- 1994 Loras College Dean's List
1990- 1994 Loras College Academic Scholarship

Professional Organizations

American Psychological Association
 Division 2 (Teaching of Psychology)
 Division 5 (Evaluation, Measurement, and Statistics)
 Division 6 (Behavioral Neuroscience & Comparative Psychology)
Association for Psychological Science (formerly the American Psychological Society)