



Community Council Members *(in alphabetical order)*



Joshua Bitting, Ph.D.
ASSISTANT DIRECTOR
Word on Fire Institute
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Joshua Bitting, Ph.D. is the assistant director of the Word on Fire Institute. He received his M.A. from Franciscan University and his Ph.D. from University of Notre Dame, Australia in theology. He has served in leadership for over two decades in Catholic school, parish, and diocesan ministry. He specializes in the theology and spirituality of marriage and family life and has lectured on this and other topics related to education, catechetics, theology, and marriage and family. Joshua lives with his wife and children in Rochester, Minn.



Elisa Cordaro
PUBLIC RELATIONS SPECIALIST
St. Paul Center for Biblical Theology
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Elisa Cordaro is a faithful Catholic wife and daughter who encountered Christ and experienced a deep conversion while at her alma mater, Boise State University. After graduating, she served the Church in various professional capacities and now works as the Public Relations Specialist for the St. Paul Center for Biblical Theology. Passionate about seeking and sharing the Beauty and Truth found in God's Word, inspiring art, and daily relationships, she is honored to continue this mission, by God's grace, through her service on the Advisory Council for Saint Mary's Clinical Psychology Program.



Brendan Mahoney
SENIOR VICE PRESIDENT
First Trust Advisors,
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Brendan Mahoney, CFA is senior vice president at First Trust Advisors focused on distribution of First Trust investment solutions to institutional and intermediary investors in New England. Prior to starting at First Trust in 2014, Brendan held similar roles in investment management distribution at State Street Global Advisors, Fidelity Investments, and the Turan Corporation. He has earned the CFA — or Chartered Financial Analyst — designation and holds Series 7 and 63 licenses. Brendan received a B.S. in Business Management from Boston University. Brendan is most proud of his work as a father of six children and a husband of over 20 years.



Kenna Millea
**CO-FOUNDER AND
CLINICAL DIRECTOR**
Martin Center for Integration
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Kenna Millea is a licensed marriage and family therapist (MN #3598) and holds a Master's in Marriage and Family Therapy from Saint Mary's University of Minnesota. She is an AAMFT, Minnesota Board of MFT, and Minnesota BBHT approved supervisor. She received bachelors and masters degrees in theology from the University of Notre Dame. Kenna's background includes parish ministry and hospital chaplaincy. She has been in private practice since 2016. Her clinical interests include adults seeking support for anxiety, couples desiring to improve their communication and conflict patterns, as well as parents seeking understanding and connection with their adult children. Kenna utilizes several modalities including EMDR, Internal Family Systems, DBT, Gottman Method Couples Therapy and Emotionally-Focused Couples Therapy.



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Pat Millea

**CO-FOUNDER AND
OPERATIONS DIRECTOR**
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Pat Milliea is an experienced leader and minister, having worked in parish youth ministry for 15 years. He graduated from the University of Notre Dame with a degree in Sociology and Theology, and went on to receive his Master of Arts in Theology, also from Notre Dame. For two decades, Pat has encouraged and equipped audiences of all sizes and ages. He has spoken at the National Catholic Youth Conference, Catholic HEART Workcamp, and hundreds of diocesan and parish events, and he has contributed content to ministry organizations through curriculum writing and leadership workshops.



Nick Murray

EXECUTIVE DIRECTOR
Catholic Psychotherapy Association
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After majoring in risk management and insurance at Georgia State University, Nick had a 22-year career in insurance regulation and insurance company management. At Senior Life Insurance Company, he grew the company's infrastructure from six to 40 states of operation. He left to be closer to his family after 16 years there as senior vice president, CFO, and treasurer and also held two related designations and served on two association Boards. Soon after, he converted to Catholicism and was confirmed in 2021. He currently consults in all aspects of business finances and administration through his company, St. Joseph Strategy, and serves on the Board of Directors of Senior Life Insurance Company and the finance council of his parish.



Julia Sadusky, Psy.D.

**LICENSED PSYCHOLOGIST
AND OWNER**
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Julia Sadusky (Psy.D., Regent University) is an author, speaker, and licensed psychologist. She owns Lux Counseling and Consulting in Littleton, Colo., where she offers individual, family, and couples therapy in addition to consultations for individuals and families around sexuality and gender. She also serves as a ministry educator, offering trainings and consultations to counseling centers and faith-based institutions on sexuality, gender identity, mental health, trauma-informed care, and the intersection of sexuality, gender, and theology. Other areas of focus include work with those experiencing complex trauma and eating disorders.



Melanie Williams, Psy.D.

**DIRECTOR OF DIOCESAN
MENTAL HEALTH MINISTRIES**
Catholic Charities Fort Wayne-
South Bend
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Melanie Williams (Psy.D., Divine Mercy University) is a licensed psychologist and director of Diocesan Mental Health Ministries at Catholic Charities of the Diocese of Fort Wayne-South Bend. She leads the development of programs, initiatives, education, training, and services for clergy and lay leaders that integrate evidence-based mental health care with spirituality for holistic care. She specializes in collaborating with clergy, mental health professionals, and organizations to ensure access to comprehensive support services, while empowering leaders with the tools needed to address mental health challenges effectively. Dr. Williams is a sought after speaker including developing a series on HALLOW, focused on healthy body image.



Program Representatives



Anthony Isacco, Ph.D.
*PROGRAM DIRECTOR,
PROFESSOR, HEAD OF
CLINICAL RESEARCH*
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Anthony Isacco, Ph.D., is a licensed psychologist and is the principal of Puritan Psychological Services, a small private practice focused on helping clergy, seminarians, and women religious live healthy, holy, and happy lives in their vocations. Dr. Isacco is a generalist, with areas of expertise in the psychology of men and masculinity, fatherhood, psychological assessment, and religious/spiritual integration in psychology. A Fellow of the St. John Paul II Foundation, he also sits on the Advisory Board of Saint Paul Seminary, Diocese of Pittsburgh and the Formation Team of Saint Cyril and Methodius Byzantine Seminary, Eparchy of Pittsburgh. He is a graduate of Franciscan University of Steubenville (B.A.), Boston College (M.A.), and Loyola University of Chicago (Ph.D.).



Timothy White, Psy.D.
*FIELD PLACEMENT DIRECTOR,
ASSISTANT PROFESSOR*
Saint Mary's University of Minnesota
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Tim White, Psy.D., has provided therapy and assessment in community mental health, Catholic K-8 schools, and counseling for seminarians. He provided therapy as a Primary Therapist at the Saint John Vianney Center, an inpatient psychiatric facility for priests and religious. Other career and volunteer interests have included farming, formation as a Catholic seminarian, and martial arts instruction. Dr. White's education has focused on an integrated understanding of philosophy, theology, and psychology. He received his Doctor of Clinical Psychology and Master of Science degrees from Divine Mercy University. He also holds a Master of Arts degree (M.A.) in Theology from St. Meinrad Seminary and School of Theology and a Bachelor of Arts (B.A.) in Humanities from The Pontifical College Josephinum.



Becky Warren
*STUDENT REPRESENTATIVE
M.S. IN CLINICAL PSYCHOLOGY*
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Becky L. Warren is a vice president and relationship manager with extensive experience in the financial services industry, where she is known for a collaborative, relationship-focused approach. Becky values ethical practice, reflective learning, and a holistic view of well-being, shaped by both her professional background and academic work. She is an active member of Mary, Mother of the Church in Burnsville, Minn., where she participates in ministry and volunteer initiatives focused on service and community connection. Her work and involvement reflect a commitment to integrity, service, and meaningful contribution across settings.



University Representatives



**Father. Kevin Stolt,
IVE, Ph.L., M.S.E.**

UNIVERSITY CHAPLAIN, PRIEST

**Saint Mary's University of Minnesota
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Father Kevin is a priest of the Institute of the Incarnate Word, with faculties through the Diocese of Winona-Rochester. He serves as university chaplain for Saint Mary's University of Minnesota primarily on the Winona Campus, ministering to undergraduate students. He is well-positioned in the Office of Mission and Ministry.

Office of the President



**Father James P. Burns,
IVD, Ph.D.**

PRESIDENT

**Saint Mary's University of Minnesota
Advisor to the Advisory Council**

The Very Rev. James P. Burns, IVD, Ph.D. has served as president of Saint Mary's University of Minnesota since 2018. Father Burns' leadership is focused on delivering quality education founded in the university's Lasallian Catholic mission, which calls for a practical education rooted in character formation and a deep grounding in liberal arts. Father Burns holds a doctorate in counseling psychology from Northeastern University with pre- and post-doctoral fellowships at Yale and Harvard. He is a licensed psychologist in Massachusetts and Minnesota.