Anthony J. Isacco III, Ph.D.

Pittsburgh, PA
anthony@anthonyisaccophd.com
aisacco@smumn.edu
847-644-7071 (c)

Professional Summary: I am a program director, professor, educator, and researcher with seventeen years of experience in higher education. As a grounded and open-minded academic that is skilled at turning ideas into action, I have a successful track record of holding various administrative leadership roles and advancing my scholarship to clear outcomes such as three published books, ~40 peer-reviewed publications, ~80 peer-reviewed professional presentations, and securing external funding. In addition, I am a licensed psychologist that owns and operates a thriving, boutique clinical practice. My clinical and scholarly expertise are focused on the integration of religion and spirituality with psychological practice. I conduct psychological assessments on Catholic clergy, women religious, and diaconate candidates and am currently researching the clinical utility of such evaluations. Integration is a hallmark of my professional identity as I enjoy teaching assessment courses to graduate psychology students, thus bringing together my clinical, scholarly, and teaching skills in a holistic approach to student education.

Professional Licensure: State of Pennsylvania Licensed Psychologist. License #PS017182
PSYPACT Telepsychology E.Passport (2021 – present), APIT#6223
PSYPACT Temporary Authorization to Practice (TAP) (2025 - 2026)

Educational Background

Ph.D., Loyola University Chicago, Counseling Psychology (APA-Accredited Program)

M.A., Boston College, Counseling Psychology

B.A., Franciscan University Steubenville, Psychology and Philosophy

Current Employment

Program Director, Professor, Head of Clinical Research, Saint Mary's University of Minnesota, MS in Clinical Psychology Program, 2025 - present
Online – Hybrid

- Developed and launched a new graduate program in clinical psychology.
- Recruit and oversee hiring of core and adjunct faculty members.
- Oversee admission operations, including recruitment of applicants, review of applications, and admission decision-making. Primary liaison with Admission Counselors and Admission Department, coordinating admission efforts towards university goals.
- Initiate and participate in community and media outreach about the program. Primary liaison with Marketing and Communications Departments and contribute to marketing efforts including website design and content, social media, and print materials.

- Wrote program handbook and oversee on-going drafting of updated and new operational policies and procedures.
- Develop impactful educational experiences that build community and program engagement in multiple formats including extended weekend, in-person residencies, and online webinars.
- Lead program through professional accreditation efforts with the American Psychological Association including consultation with the Committee on Accreditation, drafting self-study, attending trainings, and connecting accreditation standards to all areas of curriculum and program development.
- Oversee daily operations of a dynamic, hybrid distant education program, including curriculum design, faculty and staff management, and serve as primary point of contact about the program to university community.

Special Advisor to the President, 2026 – present

- Support presidential initiatives focused on Catholic mission and identity of the university.
- Contribute to the planning, coordination, and organization of Joseph Ratzinger initiatives including national and international conferences, benefactor engagement,
- Enact president's vision and aims across projects, systems, and stakeholders.
- Collaborate with university leadership, focusing on strategy, organization, and implementation.

Saint Mary University of Minnesota Service

- Vice Chair, Institutional Review Board (IRB), 2025 – present
- International Association of Lasallian Universities (IALU) Co-Representative, 2026 -

Saint Mary University of Minnesota Teaching

- CLPY600 Professional Seminar I, 2025 & 2026
- CLPY695 Master's Thesis, 2026

Professor, Chatham University, Graduate Psychology Programs, 2009 - 2025
Interim Program Director (August 2024 – 2025)
Director of Training, PsyD Program (2019 - 2025)
Pittsburgh, Pennsylvania

Chatham University, Administrative Roles
*Interim Program Director***,** August 2024 – current

- Maintained administrative oversight of three graduate psychology programs – Master of Arts in Psychology, Master of Science in Counseling Psychology, and PsyD in Counseling Psychology, consisting of 10 faculty members and ~170 students.
- Exhibited program leadership and strategy, including adherence to MPCAC and APA accreditation standards, university policies, and curriculum development. Completed the program annual report, which includes recruitment and retention strategies and SWOT analysis of department.
- Demonstrated operational management including course scheduling, faculty assignments, and general problem-solving and consultation with various stakeholders.
- Developed and managed program budget of ~$4.5 million.

- Engaged in faculty management and collaboration, including planning and leading regular departmental meetings, completed annual faculty evaluations, and encouraged program culture of service and teamwork. Led faculty and staff recruitment, search, and hiring committees and processes.
- Oversaw student engagement and support, including on-going advising, communication of program and university policies, and problem-solving. Served as liaison to the Admission Department, including planning and participating in recruitment events.

Director of Training, PsyD Program, July 2019 – present

- Contributed to successful re-accreditation self-study, directed accreditation site visit, and all accompanying documentation, communication, and processes leading to program being re-accredited to 2031.
- Collected and managed on-going systemic data collection needed for American Psychological Association accreditation, including annual ARO data, yearly exit interviews, bi-yearly student and alumni data.
- Developed and implemented internship preparation programming, including individual and group workshops with a team of faculty, alumni, and current students.
- Coordinated various programmatic activities such as new student advising and registration, fall orientation, annual student evaluations, alumni career panel, assessment workshop series, and comprehensive examination process between faculty and students.
- Liaison with Admissions Office regarding admission initiatives, decisions, and policy. Manage committee of faculty members in the application review process, including interviewing applicants and applicant selection.
- Updated and managed PsyD Handbook, communicating relevant policies and procedures.
- Engaged in on-going, collaborative strategic planning and curriculum development.

Master's Programs Coordinator, 2016 - 2020

- Oversaw matriculation of new students into the master's programs.
- Facilitated successful initial accreditation process of MSCP program by the Masters of Psychology and Counseling Accreditation Council (MPCAC), including co-authoring self-study, organizing the site visit, and liaising with MPCAC and Chatham University. Outcome: 10-year accreditation status (April 2017 – April 2027)
- Updated MSCP/MAP Handbook on annual basis, overseeing implementation of policies and procedures for curriculum, student evaluations, remediation plans, and maintenance of accreditation standards.
- Served as liaison to internal and external (e.g., MPCAC) stakeholders.
- Implemented professional development programming for master's students.

Field Placement Coordinator, MSCP & IMH Programs, 2011 – 2013

- Helped students find field placements sites, which entailed resume and cover letter review, interview preparation, interest exploration, professional development.
- Developed and enriched relationships with sites, including conducting site visits, communicating with site supervisors, mediating problem situations with students. Established approximately 30 new sites to meet student needs and supply issues.
- Developed new communication processes with students, such as a new student-advised field placement handbook, site guide, and monthly newsletter.

Chatham University, Doctoral Level Teaching

- Professional Seminar in Counseling Psychology, Personality Theory & Assessment, Practicum Supervision, Advanced Research Methods and Design, Historical and Contemporary Issues in Counseling Psychology
- Dissertation Chair and Committee Member
  - *Chair*, Exploring affective meaning in military veterans, Ryan Stocker (defended)
  - *Chair*, Civilian counselors as transitional objects for military, Nick Uram (defended)
  - *Chair,* Anxiety, masculinity, hope, and men's health, Shaun DeMauro (defended)
  - *Chair,* Help-seeking in military populations, Emily Russell (defended)
  - *Chair,* A qualitative study of possible masculinity, Lindsay Donofrio (defended)
  - *Chair,* Injustice in the educational system for African-American adolescent females, Ashley Dandridge (defended)
  - *Chair,* College athletes in the Coaching Boys into Men program, Joshua McKinney (defended)
  - *Chair,* Identity and resiliency among atheist military members, Vincent Pietropaoli (defended)
  - *Chair,* Community and spirituality-level resiliency factors in refugee mental health, Zamen Abo-Zebiba (defended)
  - *Chair,* Spiritual bypassing among Catholic women religious, Katarzyna Wilczewska (defended)
  - *Chair,* Mental health referral practices among African-American Christian clergy, Montaya Dawkins-Parham (defended)
  - *Chair,* Exploring spiritual bypassing and mental health among Catholic college students, Dominic Foster
  - *Chair,* The use of Christian meditation in a skill-based group to help parents with ADHD, Sara Goncz
  - *Chair,* Spiritual bypassing, relationship with God, help-seeking, and perceptions of pain among chronic pain patients, Elizabeth Weimer
  - *Committee Member:* Allison Jedinak, Jordan Rood, Lauren Manning, Keely Hirsch, Heather Plakosh, Alexis Hahn, Kate Meade, Stephanie Harrison, Debra Reich, Luke Collier, Ashley Devito, Vera Guarina, Noel Maurizi, Ehren Emter, Evelyn Grey, Lauren Kennedy, Sarah Kohnen, Zoe Beard

  - *External Committee Member*:
    Elizabeth Engelkamp, The Relationship Checkup–Catholic: A mixed-methods analysis of acceptability, feasibility, and preliminary efficacy, Clark University (defended)
    Fr. Jordy Orbe, Gerotranscendence and health among older Catholic priests, Loyola University Maryland (defended)
    David Nguyen, Motivations for paternal involvement, Lehigh University (defended)
    Domenick Tirabassi, Strength-based goal-setting among Capuchin priests, Wisconsin School of Professional Psychology (defended)

Chatham University, Masters Level Teaching

- Foundations of Counseling Psychology, Learning & Behavior, Theories & Techniques of Counseling Psychology, Practicum & Internship Supervision, Counseling Men & Fathers,

Research Methods and Statistics, Vocational Psychology & Counseling, Assessment
- Selected Mentored Independent Study Examples
  - The Psychology of Veterans: An Advocacy Approach
  - Integrating Religion and Spirituality into Counseling Interventions
  - Group Models of Interventions for Congolese Refugees
  - Health and Wellbeing of Catholic Priests
  - Mental Health Literacy of Black Christian Pastors
  - Analyzing Qualitative Data using Grounded Theory
  - Clinical Utility of Psychological Evaluations of Clergy Applicants to Catholic Church

Undergraduate-Level Teaching
- Introduction to the Health Professions, 2015 – 2019, Chatham University
- Yumna Amir, Research Internship, Chatham University, 2018
- John Delany, Research Internship, Franciscan University of Steubenville, 2015 - 2017
- Kayla Kennedy, Research Internship, Hiram College, Summer 2015 - 2016
- Christian Bittner, Research Internship, Franciscan University of Steubenville, 2016

Chatham University, Service

University-Level
- Research and Sabbatical Committee, 2023 – 2025
- Academic Integrity Council, 2012 – 2016; 2020 – 2023
- School of Health Science, Career Development Events, 2017 – 2020
- Chair, Search Committee, Executive Director of Counseling Services and Wellness, 2019
- Multigenerational Living-Learning Community Focus Group Coordinator, 2018
- Military Student Taskforce Member, 2012 – 2017
- Women's Institute Director, Search Committee, 2014 – 2015
- Dissertation/Thesis Standards Working Group, 2010
- Women's Health Mission Initiative in the Curriculum Committee, 2009 – 2010
- Undergraduate Career Development Project, 2009 – 2010

Program-Level
- Faculty Search Committee, Chair, 2024 – 2025
- Program Staff Search Committee, Chair, 2024 - 2025
- Program Newsletter (fall, spring), 2017 - 2024
- Graduate Psychology Programs Student Awards Coordinator, 2009 – 2025
- Master's Admission Committee, 2016 – 2025
- Faculty Search Committee, 2018 – 2019; 2021-2022; 2024
- Co-Advisor, Graduate Student Advisory Council, 2018 - 2020
- Master's Program Accreditation Committee, 2013 – 2020
- Online Teaching Committee, 2015 – 2016
- Faculty Publication Club Facilitator, 2011 - 2013
- APAGS Advisor, 2011 – 2012
- Curriculum Committee, Counseling Psychology Program, 2010 – 2011
- Training Committee, Counseling Psychology Program, 2010 – 2011
- Advising Meeting Planning Committee, 2010

Private Practitioner/Owner, *Puritan Psychological Services,* 2013 – present
Pittsburgh, PA

- Conduct psychological evaluations for religious populations and organizations (e.g., priests, deacons, applicants to seminary, diaconate formation programs, women religious communities), including the Pittsburgh Catholic Diocese, Byzantine Catholic Church, Maronite Catholic Church, Sisters of Life, Canons Regular of St. John Cantius, Archdiocese of Miami, Passionist Sisters, and Anglican Diocese of Pittsburgh.
- Psychological evaluations include the use of objective and projective tests, clinical interview, detailed report, and feedback session with test-taker.
- Offer consultation to individuals, groups, communities, and organizations.
- Drafted psychological evaluation guidelines for seminaries, dioceses, and religious communities that integrate current psychological literature with relevant Church norms.
- Provide evidence-based, individual psychological counseling to small caseload.

Scholarship in Preparation

Isacco, A. Meyer. E.G., & Dooley. O. (2026, accepted). Examining Catholic identity of mental health professionals engaged in clergy evaluations. *Integratus: The Journal of the Catholic Psychotherapy Association*.

Isacco, A., Millare, R., & Dolloy, O. (2026, forthcoming). Integrating spiritual fatherhood into priestly formation: Psychological and theological perspectives. Invited entry for C.C. Cuddy and M.K. Minerd (eds.) *Encyclopedia of Catholic Theology*.

Isacco, A. (2026, forthcoming). Counseling Catholic young men: Developmental, religious, spiritual, and masculinity considerations. Invited chapter for upcoming book edited by Drs. Matthew Englar-Carlson and Mark Stevens, *Listening to the voices of men in therapy and the therapists who work with them*. American Psychological Association.

Isacco, A., & Meyer, E.G. (2026, pending submission). Clinical utility of psychological evaluations for clergy applicants in the Catholic Church: A cross-stakeholder qualitative analysis.

Pecacaro, A., Isacco, A., et al., (Date, TBD). Psychological well-being, self-compassion, compassion, and pastoral response of Catholic priests during COVID19 pandemic.

Published Books

Molloy, S., Azzam, P., & Isacco, A. (2022). *The Handbook on the Psychology of Fatherhood*. Springer Nature.

Isacco, A., & Wade, J. (2019). *Religion, Spirituality, & Masculinity: New Insights for Counselors.* Routledge Publishing.

Isacco, A., & Tirabassi, D. (2018). *All In: Breaking Barriers to Discerning the Priesthood* Pittsburgh, PA*:* Lambing Press.

Peer-Reviewed Publications (Journal Articles and Book Chapters)

Isacco, A., & Plante, T. (2025). Clergy health: Religious and spiritual considerations.. In J.R. Webb (Ed), *Handbook of Spirituality, Health, and Well-Being*. Routledge.

Orbe, J., Iwasaki, M., Isacco, A., Barry, C.M., Quigley, M., & Dimoff, J. (2025). Priests aging well: The role of gerotranscendence and its relationship with perceived health status and life satisfaction among Catholic priests. *Journal of Aging, 72*, 101301. https://doi.org/10.1016/j.jaging.2024.101301

Madere, J., Burnham, M., Isacco, A., Erwin, B., & Brueninger, M. (2023). Origins of the Journal of the Catholic Psychotherapy Association: *Integratus: The Journal of the Catholic Psychotherapy Association, 1*(1), 76-80.

Isacco, A., & Delany, J.J. (2022). Religion, spirituality, and fatherhood (pp. 337-350). In S. Molly, P. Azzam, and A. Isacco (Eds.), *The Handbook on the Psychology of Fatherhood*. Springer Nature.

Azzam, P., Reagan, K., Isacco, A., & Singley, D. (2022). Paternal mental health (pp. 171-182). In S. Molly, P. Azzam, and A. Isacco (Eds.), *The Handbook on the Psychology of Fatherhood*. Springer Nature.

Isacco, A., & Songy, D. (2022). Spiritual fatherhood among Catholic priests: Implications for practice. *Spirituality in Clinical Practice*, *9*(2), 114-126.

Isacco, A., Songy, D., & Plante, T. (2022). Psychological evaluations of clergy applicants: Answering frequently asked questions. *Spirituality in Clinical Practice*, 9(2), 127-139.

Bosnjakovic, J., Formella, Z., Kwiatek, P., Pecoraro, A., Isacco, A. (2021). Dobrobit svecenika u vrijeme pandemije bolesti COVID-19. *Bogoslovska smotra,* 91*(3), 609-637. *Translation: The well-being of priests during the COVID-19 pandemic. *Seminary Review*.

Isacco, A., Ingram, P., & Borgogna, N. (2021). Predictors of admission outcomes among Catholic clergy applicants using the MMPI-2-RF. *Psychological Assessment*. *33*(9), 871–879.

Cole, B., Singley, D., Ingram, P., Dye, A., Molloy, S., & Isacco, A. (2021). Doing it all for my baby: Multi-determinants to father involvement of infants. *Journal of Family Issues*, 42(3), 599-625.

Co-editor with Dr. Thomas Plante of special issue on Psychological Issues among Catholic Clergy for *Spiritualty in Clinical Practice*, December 2020, Volume 7, Issue 4.

- Developed a specialized call for papers.
- Recruited, organized, and provided training to peer-reviewers.

- Reviewed submitted papers for consideration in the special issue.

Isacco, A., & Plante, T.P. (2020). Introduction to the Special Issue on Catholic Clergy Issues in Psychological Research and Practice. *Spirituality in Clinical Practice, 7,* 215-219.

Isacco, A., Finn, K., Tirabassi, D., & Meade, K., & Plante, T. (2020). Are Catholic clergy applicants psychologically healthy? *Spirituality in Clinical Practice, 7,* 230-245.

Isacco, A., Ingram, P., Finn, K., Dimoff, J., & Gebler, B. (2020). A novel approach to examining personality risk factors of sexual offending in clergy applicants. *Spirituality in Clinical Practice, 7,* 246-261.

Borgogna, N. C., Isacco, A., & McDermott, R.C. (2020). A closer examination of the relationship between religiosity and problematic pornography viewing in heterosexual men. *Sexual Addiction & Compulsivity*, 27(1-2), 23-44.

Garfield, C.G., Rothson, J., Fischer, S., Barretto, D., & Isacco, A. (2019). Development and validation of the Paternal Involvement with their Toddler Scale. *Psychology of Men and Masculinity. 20*(1), 148-160.

Isacco, A., Tirabassi, D., Porada, K., & Rogers, T. (2018). An examination of spiritual interventions to address problematic pornography consumption. Book chapter in T. Plante (Ed.), *Healing with Spiritual Practices: Proven Techniques for Disorders from Anxiety and AIDS to Depression and Diabetes.* ABC-CLIO.

Singley, D., Cole, B., Hammer, J., Rowell, A., Molloy, S., & Isacco, A. (2018). Development and validation of the Paternal Involvement with Infant Scale. *Psychology of Men and Masculinity, 19*(2), 167-183.

Hofscher, R., Bennett, E., Crabtree, M., Russell, E., & Isacco, A. (2017). The difference between National Guard and Reservists on posttraumatic stress symptomatology. *Journal of Military Behavioral Health, 5*(2), *157-162*.

Isacco, A., & Wade, J. (2017).* A review of theoretical perspectives and research in the psychology of men and masculinities. In R. Levant & J. Wong (Eds.) *The Psychology of Men and Masculinities* (chapter 5). Washington D.C.: American Psychological Association. *Invited contribution.

Isacco, A., Sahker, E., Krinock, E., Sim, W., & Hamilton, D. (2016). How religious beliefs and practices influence the psychological health of Catholic priests. *American Journal of Men's Health, 10,* 325-337.

Isacco, A., Hammer, J., Shen-Miller, D.S. (2016). Outnumbered but meaningful: A qualitative study of the experience of male doctorate students in psychology. *Training and Education in Professional Psychology, 10,* 45-53.

Isacco, A., Hofscher, R., & Molloy, S. (2016). An examination of fathers' mental health help seeking: A brief report. *American Journal of Men's Health*. *10*(6), 33-38.

Isacco, A.* (2016). Measuring masculinity: Developmental contexts, men's health, and qualitative research. *Psychology of Men and Masculinity, 16,* 141-144
*Invited commentary as part of a special issue focused on masculinity ideology.

Isacco, A., & Mannarino, M.B. (2016). "It is not like undergrad:" The experience of male graduate students at an "all women's college." *Psychology of Men and Masculinity, 17*(3), 285-296.

Isacco, A. & Morse, J.Q. (2015). Male graduate students at a "Women's College": Examining the roles of academic motivation, support, connection, and masculinity ideology. *Sex Roles: A Journal of Research. 72,* 321-334.

Brinkman, B., Isacco, A., & Rosen, L. (2015). College men's experiences of gender prejudice. *Journal of Men's Studies. 24*(3), 312 – 325.

Isacco, A., Sahker, E., Hamilton, D., Mannarino, M.B., Fendenheim, M.E., & Sim, W. (2014). A qualitative study of mental health help-seeking among Catholic priests. *Religion, Mental Health, and Culture. 17(7),* 741-757.

Isacco, A., Donofrio, L., Warnakee, A., Ampureo, M, & Davies, J. (2013). An evaluation of a leadership development program for fraternity men. *Journal of Men's Studies, 21*(3), 217-235.

Shen-Miller, D., Isacco, A., Davies, J., St. Jean, M., & Phan, J. (2013). The Men's Center Approach: Ecological interventions for college men's health. *Journal of Counseling and Development, 91*(4), 499-507.

Garfield, C.F., Isacco, A., & Sahker, E. (2013). Religion and spirituality as important components to men's health: An analytic review. *American Journal of Lifestyle Medicine, 7*(1), 27-37.

Isacco, A., Talovic, E., Yallum, N., & Chromik, L. (2013). Addressing men's mental health with a strength-based approach. In J.M. Rippe (Ed.). *Lifestyle Medicine* (2nd Ed.). Boca Raton, Florida: CRC Press.

Isacco, A., Yallum, N., & Chromik, L. (2012). A review of gay men's health: Challenges, strengths, and interventions. *American Journal of Lifestyle Medicine,* 6(1), 45-62.

Garfield, C.F., & Isacco, A. (2012). Urban fathers' involvement in their child's health and healthcare. *Psychology of Men and Masculinity, 13*(1), 32-48.

Garfield, C.F., Isacco, A., & Rogers, T.E. (2012). Men, masculinity, and health (pp. 1718-

1730). In J.M. Rippe (Ed.). *Encyclopedia of Lifestyle Medicine and Health*. Thousand Oaks, CA: Sage.

Makahamadze, T., Isacco, A., & Chireshe, E. (2012). Zimbabwean women perceptions' of the Domestic Violence Act. *Journal of Interpersonal Violence, 27*(4), 706-727.

Isacco, A., Garfield, C.F., & Rogers, T.E. (2010). Correlates of coparental support among married and non-married fathers. *Journal of the Psychology of Men and Masculinity,11*(4), 262-278.

Davies, J., Shen-Miller, D., & Isacco, A. (2010). The men's center approach to addressing the health crisis of college men. *Professional Psychology: Research and Practice, 41*(4), 347-359.

Garfield, C.F., Isacco, A., & Bartlo, W. (2010). Men's health and fatherhood in the urban Midwestern United States. *International Journal of Men's Health, 9*(3), 161-174.

Isacco, A., & Garfield, C.F. (2010). Child healthcare decision-making: Examining 'conjointness' in paternal identities among residential and non-residential fathers. *Fathering: A Journal of Theory, Research, and Practice about Men as Fathers, 8*(1), 109-130.

Garfield, C.F., & Isacco, A. (2009). Urban fathers' role in maternal postpartum mental health. *Fathering: A Journal of Theory, Research, and Practice about Men as Fathers, 7*(3), 286-302.

Shalowitz, M.E., Isacco, A., Barquin, N., Clark-Kauffman, E., Delger, P., Nelson, D., Quinn, A., Wagenaar, K.A. (2009). Community-based participatory research: A review of the literature with strategies for community engagement. *Developmental-Behavioral Pediatrics, 30*(4), 350-361.

Garfield, C.F., Isacco, A., & Rogers, T.E. (2008). A review of men's health and masculinity. *American Journal of Lifestyle Medicine,* 2(6), 474-487.

Vera, E.M., Buhin, L., & Isacco, A. (2008). The role of prevention in psychology's social justice agenda. In M.E. Kenny, A.M. Horne, P. Orpinas, & L.E. Reese (Eds.), *Realizing Social Justice: The Challenge of Preventive Interventions.* Washington D.C., American Psychological Association.

Garfield, C.F. & Isacco, A. (2006). Fathers and the well-child visits. *Pediatrics, 117,* 637-645.

Peer-Reviewed Presentations

Lock, T., Mullen, S., Isacco, A., and Dowdell, E. (2026, October). *Beyond utilization to integration in the seminary: How the psychological assessment can advance virtue and support the development of happy, healthy, and holy priests.* Catholic Psychotherapy Association annual conference, Steubenville, OH.

Lock, T., Mullen, S., Isacco, A., and Dowdell, E. (2026, October). *Masturbation and seminary formation: Better practices to promote chastity in the Catholic seminary.* Catholic Psychotherapy Association annual conference, Steubenville, OH.

Isacco, A. (2026, August). *Assessing clergy applicants: Evaluation batteries and clinical interviews.* American Psychological Association annual convention, Washington DC.

Brubaker, R., Martin, P., & Isacco, A. (2025, August). *From vision to practice: Catholic-informed screening, conceptualization, and interventions in mental health*. Anslem House Healthcare Symposium, University of Minnesota, Minneapolis, MN.

Isacco, A., (2024, December). *Using the psychological evaluation as a "tool for growth" for clergy candidates in the Catholic Church (Part 4 of 4)*. Continuing education workshop offered through Catholic Psychotherapy Association (online).

Isacco, A., (2024, November). *Examining the clinical utility of psychological evaluations of clergy candidates in the Catholic Church: The USCCB guidelines (Part 3 of 4)*. Continuing education workshop offered through Catholic Psychotherapy Association (online).

Isacco, A., (2024, October). *Examining the clinical utility of psychological evaluations of clergy candidates in the Catholic Church: A cost benefit analysis (Part 2 of 4)*. Continuing education workshop offered through Catholic Psychotherapy Association (online webinar).

Isacco, A., (2024, September). *An introduction to examining the clinical utility of psychological evaluations of clergy candidates in the Catholic Church (Part 1 of 4)*. Continuing education workshop offered through Catholic Psychotherapy Association (online webinar).

Robbins, B., Buczek, T., & Isacco, A., (discussant) (2024, April). Philosophical and empirical considerations of virtuous masculinity. Society for Theoretical and Philosophical Psychology Spring Meeting, Pittsburgh, PA.

Isacco, A., Glafke, M., & Goncz, S. (2023, August). *The clinical utility of psychological evaluations of Catholic clergy applicants.* Poster presentation at American Psychological Association annual convention, Washington DC.

Borgogna, N., Johnson, D., Spencer, S., Allen, G.E.K., & Isacco, A., (discussant). (2023, August). *Obsessively religious? Understanding, measuring, and treating scrupulosity in the modern age.* Symposium presentation at American Psychological Association annual convention, Washington DC.

Isacco, A., Glafke, M., & Goncz, S. (2023, April). *The clinical utility of psychological evaluations of Catholic clergy applicants.* Poster presentation at Catholic Psychotherapy Association, San Diego, CA.

Orbe, J., Iwasaki, M., Isacco, A., & Barry, C.M. (2023, March). *Aging well in ministry: Gerotranscendence, self-rated health status, and life satisfaction among Catholic priests*. Accepted presentation at The Asian Conference on Aging & Gerontology, Tokyo, Japan.

Isacco, A., Pecoraro, A., Bosnjakovic, J., Formella, Z., Kwiatek, P., Goncz, S., & Wilczewska, K. (2022, August). *Factors predicting psychological well-being of U.S. Catholic priests during the COVID-19 pandemic*. Poster presentation at American Psychological Association annual convention. Minneapolis, MN.

Isacco, A., Madere, J., Kugelmann, R., Burnham, M., Brueninger, M., Erwin, B., Freeney, L. Fox, J. (2022, April). *Introducing Integratus, the official journal of the Catholic Psychotherapy Association*. Symposium presented at Catholic Psychotherapy Association conference. Minneapolis, MN

Roberson, D., Isacco, A., Martin, P., & Vance, J. (2022, April): *Where is the data? Facilitating clinician-based research.* Symposium presented at Catholic Psychotherapy Association conference. Minneapolis, MN.

Isacco, A., Pecoraro, A., Bosnjakovic, J., Formella, Z., Kwiatek, P., Goncz, S., & Wilczewska, K. (2022, April). *The psychological well-being of U.S. Catholic priests during the COVID-19 pandemic.* Presented at Catholic Psychotherapy Association conference. Minneapolis, MN.

Isacco, Ingram, P., Finn, K., Dimoff, J., & Gebler, B. (2021, August). *Examining personality risk-factors of sexual offending in clergy applicants.* Presentation at American Psychological Association Convention.

Isacco, A., Mullen, S., Glafke, M., Gudan, E., Lock, T., & Lynch, C. (2021, April). *Integrating psychosexual development in clergy applicant assessments.* Pre-Conference Continuing Education Workshop. Catholic Psychotherapy Association Conference.

Wilczewska, K., Isacco, A., & Gebler, B. (2021, April). *Advances in psychological assessment of female applicants to religious life.* Accepted poster presentation. Catholic Psychotherapy Association Conference.

Isacco, A., Lynch, C., Mullen, S., Lock, T., Gudan, E., & Glafke, M. (2020, October). *Psychological evaluations of seminary applicants: Moving from common to best practices*. Continuing Education Workshop, Catholic Psychotherapy Association.

Isacco, A., Ingram, P., Finn, K., Dimoff, J., & Gebler, B. (2020, August). *A novel approach to examining personality risk factors of sexual offending in clergy applicants*. Presentation at American Psychological Association Convention.

Isacco, A., & Davies, J. (2020, August). *Integrating possible masculinities into the positive masculinity framework*. Presentation at American Psychological Association Convention.

Isacco, A. & Borgogna, N. (2020, August). *Masculinity and other cultural factors to men's problematic pornography consumption*. Symposium at American Psychological Association Convention.

Isacco, A. (2020, August). *Catholic clergy health in the sexual abuse era: Implications for research and practice*. Symposium at American Psychological Association Convention.

Isacco, A., (2020, May). *A developmental model of evidence-based interventions for Catholic clergy*. Catholic Psychotherapy Association annual conference. Scottsdale, AZ. *Peer-reviewed and invited two-part plenary address.

Isacco, A., Borgogna, N., & McDermott, R. (2020, April). *Masculinity and other cultural factors to men's problematic pornography consumption*. New Orleans, LA. (Conference cancelled).

Isacco, A., (2020, April). *Religion, spirituality, and masculinity: Implications for counseling psychology practice*. New Orleans, LA. (Conference cancelled).

Isacco, A., & Wade, J. (2019, August). *Religion, spirituality, and masculinity: New insights for clinical practice.* Presented symposium at American Psychological Association Convention, Chicago, IL.

Isacco, A., & Azzum, P. (2019, August). *Reconstructing dad: Conceptualizing fatherhood in the psychology of men and masculinities.* Presented symposium at American Psychological Association Convention, Chicago, IL.

Isacco, A., Tirabassi, D., Plante, T., Finn, K., Amir, Y. (2019, August). *Psychological wellbeing of applicants to the Catholic priesthood and diaconate: A replication study*. Presented poster presentation at American Psychological Association Convention, Chicago, IL.

Orbe, J., Iwasaki, M., Isacco, A., & Barry, C.M., (2019, August). *Aging and transcendence: An examination of the gerotranscendence scale among older Catholic clergy.* Presented poster presentation at American Psychological Association Convention, Chicago, IL.

Isacco, A., & Wade, J. (2018, August). *Integrating religion and spirituality in clinical practice with men*. Presented at American Psychological Association Convention, San Francisco, CA.

Isacco, A., Tirabassi, D., & Maede, K. (2018, August). *A spiritual-sensitive approach to*

addressing problematic pornography consumption. Presented at American Psychological Association Convention, San Francisco, CA.

Isacco, A., Tirabassi, D., Porada, K., & Delany, J.J., (2017, August). *Are applicants to the Catholic diaconate and seminary programs psychologically healthy? A replication study.* Presented at American Psychological Association Convention, Washington, DC.

Isacco, A., & O'Shea, M. (Co-Chairs) (2016, August). *Translating research with National Guard and Reserve veterans into effective clinical practice*. Symposium presented at the American Psychological Association Convention, Denver, CO.

Isacco, A., & Plante, T. (Co-Chairs) (2016, August). *The integration of psychological research, practice, and policy with Catholic seminarians and priests.* Symposium presented at the American Psychological Association Convention, Denver, CO.

Orbe, J. & Isacco, A. (2016, August). *The psychosexual development of Filipino priests: A qualitative study.* Presentation given at the American Psychological Association Convention, Denver, CO.

Morse, J., & Isacco, A. (Co-Chairs) (2016, August). *Optimizing family functioning and health through innovative research, practice, and policy***.** Symposium presented at the American Psychological Association Convention, Denver, CO.

Isacco, A. (2016, August). *Exploring the relationship between possible masculinities and spirituality in religious men.* Presentation given at the American Psychological Association Convention, Denver, CO.

Molloy, S., & Isacco, A. (2015, November). *The developmental of a father involvement with infants scale.* Biennial Perinatal Mental Health Conference, Chicago, IL.

Garfield, C.F., Fischer, S., Barreto, D., & Isacco, A. (2015, November). *Developing a measure of father involvement in child health.* Biennial Perinatal Mental Health Conference, Chicago, IL.

Cole, B., Singley, D., Isacco, A., & Molloy, S. (2015, November). *A social cognitive model of men's adjustment to fatherhood.* Biennial Perinatal Mental Health Conference, Chicago, IL.

Isacco, A., & Wade, J. (co-chairs) (2015, August). *Examining the intersectionality of religion, spirituality, and masculinity in diverse men.* Collaborative symposium sponsored by APA and Divisions 36 (Religion/Spirituality) and 51 (Men and Masculinity). American Psychological Association annual convention, Toronto, Canada.

Singley, D., & Isacco, A. (2015, August). *An investigation of psychosocial correlates of depression in fathers.* American Psychological Association annual convention, Toronto, Canada.

Isacco, A. (discussant) (2015, August). *A quantitative evaluation of new fatherhood: Implications for policy and practice*. American Psychological Association annual convention, Toronto, Canada.

Krinock, E., Sahker, E., Kuwlewski, K., & Isacco, A. (2015, August). *Perceptions of diocesan-level supports among Roman Catholic priests*. Poster presentation. American Psychological Association annual convention, Toronto, Canada.

Singley, D.B., Isacco, A., Rowell, A. & Molloy, S. (2014, October). *Validation of the Paternal Involvement with Infants Scale (PIWIS).* Poster presented at the annual convention of the National Perinatal Association. St. Louis, MO. Won a **Best Research Poster Award.**

Isacco, A., & Stocker, R., (2014, August). *Connecting research to practice in multi-faceted ways with male veterans.* Co-Chairs, Symposium at American Psychological Association convention, Washington, D.C.

Shen-Miller, D.S., & Isacco, A., (2014, August). *New applications and research of the Men's Center Approach.* Co-Chairs, Symposium at American Psychological Association convention, Washington, D.C.

Hofscher, R., Molloy, & Isacco, A. (2014). An examination of *fathers' mental health help-seeking.* Poster presentation at American Psychological Association convention, Honolulu, HI.

Isacco, A. (2014, March). *Can you pray with your clients?* Presentation at Counseling Psychology in Action conference, Atlanta, GA.

Isacco, A., Sim, W., & Brinkman, B. (2014, March). *Opportunities and challenges to teaching qualitative research in counseling psychology programs.* Roundtable discussion at Counseling Psychology in Action conference, Atlanta, GA.

Shen-Miller, D., Falender, C., Goodyear, R.K., Isacco, A., & Hutman, H. (2014, March). *Through a global lens: Best practices and challenges in multicultural clinical supervision.* Continuing education workshop at Counseling Psychology in Action conference, Atlanta, GA.

Isacco, A., Sahker, E., Garfield, C., Molloy, S., & Ampureo, M. (2013, August). *Father involvement as a mediator between religion/spirituality and health outcomes in a diverse sample of fathers.* Symposium presentation at American Psychological Association convention, Honolulu, HI.

Feredouni, R., Isacco, A., St. Jean, M., Peer, J., Baum, C., & Brashear, B., (2013, August) *Male graduate Students perceptions of connection, academic motivation, and masculinity*. Poster presentation at American Psychological Association convention, Honolulu, HI.
Won a **Best Poster Award – Student Involvement in Research Category**

Isacco, A., Sahker, E., Mannarino, M., Hamilton, D., St. Jean, M., Pizzuto, J. (2013, March). *Catholic priests' Dynamic relationship with God: Implications for health*. Poster presentation for Division 35 Mid-Year Conference, Baltimore, MD.

Isacco, A., & Simpson, C. (2012, August). *Men pursuing psychology: A qualitative study*. In C.Z. Oren & A. Smiler (co-chairs), Understanding Male Psychology Students: Implications for Training and Supervision. Presentation given at the American Psychological Association convention, Orlando, FL.

Isacco, A., (chair) Sahker, E., St. Jean, M., Pizzuto, J., Mannarino, M.B., Hamilton, D., Sim, W. (2012, August). *Toward a holistic understanding of Catholic priests' health and wellness.* Conversation hour given at the American Psychological Association convention, Orlando, FL.

Sahker, E., St. Jean, M., & Isacco, A. (2012, August). *Help-seeking attitudes and behaviors among Catholic Priests: Implications for interventions.* Poster presented at the American Psychological Association convention, Orlando, FL.

Brinkman, B., Jedinak, A., Hamilton, D., Simpson, C., Isacco, A., & Stubbs, P. (2012, March). *Cultivating gender and diversity awareness on college campuses*. Presentation given at Association for Women in Psychology conference. Palm Spring, CA.

Isacco, A., Laux, K., Donofrio, L., & Julin, A. (2011, August). *Masculinity and leadership in fraternity culture: A qualitative study.* Poster presented at annual American Psychological Association convention, Washington D.C.

Isacco, A. (2011, August). *Understanding coparental support among married and non-married fathers.* In C.Z. Oren and D.C. Oren (co-chairs), Context matters: Fathers across settings. Presentation given at annual American Psychological Association convention, Washington D.C.

Davies, J., Shen-Miller, D., & Isacco, A. (2011, August). *Possible masculinity: Redefining masculine ideals for college men.* Conversation hour given at annual American Psychological Association convention, Washington D.C.

Isacco, A., & Shen-Miller, D. (2010, August). *The Men's Center Approach: Expanding the Roles of Counseling Center Psychologists.* Symposium presented at annual American Psychological Association convention, San Diego, CA.

Isacco, A. & Brinkman, B. (2010, August). *Exploring Sustainability Themes in a Doctoral Program in Counseling Psychology.* Discussion hour presented at annual American Psychological Association convention, San Diego, CA.

Isacco, A., Rogers, T.E., & Mallory, Y. (2010, August). *Predicting Men's Help-Seeking Intentions Using the Theory of Reasoned Action.* Poster presented at annual American Psychological Association convention, San Diego, CA.

Isacco, A., Davies, J., Jacoby, B., & Phan, J. (2009, August). *Promoting Positive Masculinity among Fraternity Men: The Men's Center Approach.* In A. Isacco & J. Davies (Chairs), Innovative and Positive: Interventions to Enhance College Men's Wellness. Symposium conducted at American Psychological Association Convention, Toronto, Canada.

Davies, J., & Isacco, A. (2009, May). *University of Oregon Men's Center: Building a Community to Promote Positive Masculinity*. Presentation to be given at Conference on College Men, Student Affairs Administrators in Higher Education (NASPA), Philadelphia, PA.

Davies, J., Jacoby, B., & Isacco, A. (2009, January). *Violence prevention through promoting positive masculinity.* Presentation at University of Oregon Crisis Prevention Conference. Eugene, OR.

Isacco, A., & Rogers, T.E. (2008, November). *Latino men's health: Recommendations for culturally competent, empirically-supported, and multi-systemic interventions*. Symposium at National Latino/a Psychological Association Conference. Costa Mesa, CA.

Logan, M., Isacco, A., Shalowitz, M.U., & Wagenaar, K. (2008, November). *Culturally competent recruitment of Latino families and the role of community in research.* Roundtable at National Latino/a Psychological Association Conference. Costa Mesa, CA.

Isacco, A., & Rogers, T.E. (2008, August). *Examining paternal depression in coparenting*. Poster presentation at American Psychological Association Convention. Boston, MA.

Garfield, C., & Isacco, A. (2008, May). *A qualitative study of father's health*. Poster presentation at Pediatric Academic Society Convention. Honolulu, HI.

Rogers, T.E., & Isacco, A. (2008, March). *Using help-seeking research to inform clinical practices.* Roundtable at International Counseling Psychology Conference. Chicago, IL.

Isacco, A., Rogers, T.E., & Garfield, C.F. (2007, August). *Paternal reports of healthcare decision-making: A qualitative study.* Poster presentation at American Psychological Association Convention. San Francisco, CA.

Garfield, C.F., & Isacco, A. (2007, May). *Father involvement in healthcare*. Poster presentation at Pediatric Academic Society Convention. Toronto, Canada.

Rogers, T.E. & Isacco, A. (2007, March). *Utilizing help-seeking research to inform counseling practices with men.* Roundtable at Great Lakes Counseling Psychology Conference. Akron, OH.

Perez, P., Isacco, A., Shalowitz, M.U., Wagenaar, K., Schoua-Glusber, A. (2006, October).

Applying a community-based participatory research model to an academic-community partnership: Implications for psychologists working with diverse populations. Symposium at National Latino/a Psychological Association Conference. Milwaukee, WI.

Isacco, A. & Garfield C.F. (2006, August). *The father's role in child healthcare decision-making: A qualitative study of parental identity conjointness*. Poster presentation at American Psychological Association Convention. New Orleans, LA.

Garfield, C.F. & Isacco, A. (2006, May). *Canary in a coal mine: Fathers reports of postpartum mental health.* Poster presentation at Pediatric Academic Society Convention. San Francisco, CA.

Garfield, C.F. & Isacco, A. (2005, May). *Urban fathers and well-child visits: What are their experiences?* Poster presentation at Pediatric Academic Society Convention. Washington D.C.

Grant Activity

PI, Anonymous Foundation, (2022)
Funded: $10,000
The clinical utility of psychological evaluations of clergy applicants in the Catholic Church

Awardee, Spiritual and Religious Competencies Project (2022 – 2023)
John Templeton Foundation
Funded: $40,000
Implement and assist in evaluation of spiritual and religious competences in PsyD curriculum

PI, Raskob Foundation, Domestic Grant (2021 - 2023)
Funded: $60,400 over two years
Enhancing the Leadership Development of Clergy and Lay Ministers in Western Pennsylvania

PI, Chatham University, Faculty Development Grant (February, 2020)
Funded: $1,500 (Withdrew funding due to COVID19 pandemic)
Individual and Cultural Factors to Sexual Abuse Allegations of Catholic Clergy

PI, Franciscan University of Steubenville Collaborative Internship Grant (2015-2017).
Funded: $9,000
Psychological Functioning of Applicants to the Catholic Seminary and Diaconate Programs

PI, Chatham University, Faculty Development Grant (May, 2015)
Funded $4,900
A Path Model Analysis of Father Involvement and Mental Health

PI, Chatham University, Faculty Development Grant (March, 2012)
Funded $1,000
Male Graduate Students Perceptions of Connection, Academic Motivation, and Masculinity

Co-PI, (June, 2014). Health Resources & Services Administration (HSRA).
Unfunded, $571,000
Psychology Partnerships to Strengthen Youth and Communities
Interdepartmental and organizational collaboration focused on PsyD training.

PI, Chatham University, Faculty Development Grant (March, 2012)
Funded $1,000
Male Graduate Students Perceptions of Connection, Academic Motivation, and Masculinity

Co-PI, American Psychological Association Interdivisional Grant (March 2012)
Unfunded $5,000
Collaboration with Britney Brinkman, PhD.
Gender and Higher Education: Towards Guidelines for Empirically-Supported Interventions

Invited, Professional Presentations

Isacco, A., (2026, October). *Affective maturity and human flourishing as a man in formation.* Three-day workshop for seminarians at Immaculate Heart of Mary Seminary, Winona, MN. Primary presenter for three presentations, small group discussions, and individual accompaniment.

Millare, R., Gahl, R., & Isacco, A. (2026, September). *Integrative Perspectives on Flourishing as Chaste, Celibate Men in Priestly Formation.* Three-day workshop for seminarians at North American College. Rome, Italy. Primary presenter on two presentations:
- *Ordered Masculinity as Chaste, Celibate Men*
- *Psychosexual Maturation and Health in Seminary*

Isacco, A. (2026, August). One-day workshop for young men. Columbus, Ohio. Two primary Presentations in addition to all-day accompaniment and small group discussions:
- *Infinite dignity of manhood*
- *Spiritual and biological fatherhood: The perfection of masculinity*

Isacco, A. (2026, June). *Living a healthy, holy, happy life as a newly ordained priest*. Diocese of Pittsburgh, Pittsburgh, PA.

Isacco., A. (2026, April). *Technology and mental health.* Converging Roads Conference, Houston, TX. Saint John Paul II Foundation.

Isacco, A. (2026, April). *Seminarian mental health: Psychological evaluations to growth counseling.* Saint Vincent de Paul Regional Seminary, Boynton Beach, FL.

Isacco., A. (2026, March). *Evidence-based psychological evaluations of clergy candidate*s. Saint Vincent de Paul Regional Seminary, Boynton Beach, FL. (Live, synchronous Webinar)

Isacco, A. (2026, February). *Catholic anthropology and mental health*. Word on Fire Institute, Rochester, MN. (Live, synchronous webinar)

Isacco, A. (2025, December). *Identity, manhood, and dignity*. Saint Paul Seminary, Pittsburgh, PA.

Isacco, A. (2025, November). *Identity rooted in dignity*. United States Conference of Catholic Bishops, Washington DC. (Live, synchronous webinar)

Isacco, A. (2025, November). Psychological health of priests. Priest study day, Diocese of Lincoln, NE in partnership with the Saint John Paul II Foundation.

Isacco, A. (2025, November). *The art of the priesthood*. Faith, Flourishing, and Fiction Colloquium, Boston College, MA.

Isacco, A. (2025, September). *The psychology of spiritual fatherhood*. Diocese of Columbus, OH Priest Convocation in partnership with the Saint John Paul II Foundation.

Isacco, A. (2025, September). *Lessons learned and lingering questions: Results from a clinical utility study of Catholic clergy applicants*. McGrath Institute for Church Life, University of Notre Dame, South Bend, IN.

Isacco, A. (2025, May). *Mental health challenges of married couples and families.* Archdiocese of Oklahoma City Priest Convocation in partnership with the Saint John Paul II Foundation, OK.

Isacco, A. (2025, May). *Pastoral care for married couples and families.* Archdiocese of Oklahoma City Priest Convocation in partnership with the Saint John Paul II Foundation, OK.

Isacco, A. (2025, April). *A Catholic response to depression and suicide.* Converging Roads Conference, Columbus, OH.

Isacco, A. (2025, March). *A Catholic response to the mental health crisis.* Converging Roads Conference, Grand Rapids, MI.

Collier, K., Isacco., A., & Spaeder, G. (2024, November). *Practicing the spiritual life in a secular culture as a healthcare professional.* Panel discussion, Converging Roads Conference, Pittsburgh, PA.

Isacco, A., (2024, October). *Spiritual and religious considerations to the mental health crisis: An integrative perspective.* Converging Roads Conference, Omaha, NE.

Collier, K., Isacco, A., & Lenz, T. (2024, October). *Care for the caregiver*. Panel discussion, Converging Roads Conference, Omaha, NE.

Isacco, A., (2024, September). *The psychology of spiritual fatherhood: Examining masculinities*

and paternal identity of Catholic priests. Archdiocese of San Francisco Priest Convocation in partnership with the Saint John Paul II Foundation, Pacific Grove, California.

Isacco, A., (2024, September). The psychology of spiritual fatherhood: Promoting healthy paternal behaviors of Catholic priests. Archdiocese of San Francisco Priest Convocation in partnership with the Saint John Paul II Foundation, Pacific Grove, California.

Isacco, A., Robbins, B., & Kleponis, P. (2024, August). *Human flourishing: A Catholic analysis of the isolation epidemic with practical and program responses*. Annual Defense of Faith Forum, Pittsburgh, PA.

Isacco, A. (2024, June). Contributed four modules to a certificate program for mental health professionals to integrate Catholic thought into their clinical practice.
The Elijah Institute, Minnesota

- Module 1: Catholic anthropology integrated with psychotherapy: An overview
- Module 2: Foundations of human development from a Catholic perspective
- Module 3: God and attachment theory
- Module 4: Spiritual development and vocation

Burns, E., Donoghue, P., Garvey, J., & Isacco, A. (2024, May). *Clergy mental health roundtable*. United States Conference of Catholic Bishops, Washington DC.

Isacco, A., (2024, January). *Masculinity and spiritual fatherhood*. Holy Trinity Seminary, Dallas, TX.

Isacco, A., Okozi, I., & Plante, T. (2023, October). *Catholic insights for mental health*. National Catholic Partnership on Disability and the Institute of Human Ecology at the Catholic University of America.

Isacco, A., (2023, October). *Psychology of grief: Pastoral implications*. Diocese of Pittsburgh, Diaconate Formation Program, Pittsburgh, PA.

Isacco, A., (2023, August). *Intimacy, celibacy, and transition to the priesthood*. Diocese of Pittsburgh, Post-Ordination Formation Program, Pittsburgh, PA.

Isacco, A., (2023, August). *Spiritual and religious considerations to the mental health crisis: An integrative perspective.* Converging Roads Conference, Baton Rouge, LA.

Isacco, A., (2023, March). *The psychology of spiritual fatherhood: Working from the inside out*. Saint Patrick's Seminary in partnership with the Saint John Paul II Foundation, San Francisco, CA.

Isacco, A., (2023, March). *The psychology of spiritual fatherhood: Implications for pastoral behaviors.* Saint Patrick's Seminary in partnership with the Saint John Paul II Foundation, San Francisco, CA.

Isacco, A., (2023, March). *The PPF 6th Ed.: Implications for mental health professionals*. Catholic Psychotherapy Association, Special Interest Group, Seminary Psychology.

Isacco, A., (2023, January). *A "boots on the ground" perspective of intentional clinical practice.* Koyoto University, Japan.

Isacco, A., & Laguna, M. (2022, March). *Inside the heart of men: Implications for men's health and clinical practice.* International Institute of Culture and Gender Studies.

Isacco, A. (2022, January). *Emotional intelligence in pastoral ministry*. Byzantine Catholic Seminary. Pittsburgh, PA.

Isacco, A. (2021, October). *Psychology of grief: Implications for diaconate ministry*. Diocese of Pittsburgh, Permanent Diaconate Formation Program.

Isacco, A. (2021, October). *College men's mental health: Psychological and spiritual solutions.* Catholic Campus Ministry Association.

Isacco, A. (2021, August). *Emotional intelligence part 2: Intimacy*. Saint Paul Seminary, Diocese of Pittsburgh, Pittsburgh, PA.

Isacco, A. (2021, August*). Intimacy, celibacy, spiritual fatherhood*. Diocese of Pittsburgh, Post-Ordination Formation, Diocese of Pittsburgh, Pittsburgh, PA.

Isacco, A., (2021, March). *Emotional maturity and intelligence: Implications for priestly formation.* Saint Paul Seminary, Pittsburgh, PA.

Isacco, A., (2021, February). *Identifying and overcoming psychological barriers to spiritual discernment.* Franciscan University of Steubenville, Program of Priestly Discernment.

Isacco, A., (2021, January). *Mental health resources to enhance pastoral ministry*. Presentation for Diocese of Pittsburgh, Post-Ordination Formation, Pittsburgh, PA.

Isacco, A., (2020, August). *Celibacy, intimacy, and spiritual fatherhood*. Presentation for Diocese of Pittsburgh, Post-Ordination Formation.

Isacco, A., (2020, August). *Mental health during COVID19: Concerns, resilience, and resources*. Byzantine Catholic Seminary. Series of 4 presentations.

Isacco, A., & Henry, D. (2020, June). *Trauma, grief, and resilience during COVID-19.* Anglican Diocese of Pittsburgh clergy members.

Isacco, A., (2020, May). *A developmental model of evidence-based interventions for Catholic clergy.* Catholic Psychotherapy Association annual conference. Scottsdale, AZ.*Peer-reviewed and invited (listed twice).

Isacco, A., (2020, January). *Mental health resources for effective parish ministry*. Diocese of Pittsburgh. Post-Ordination Formation.

Isacco, A., (2019, November). *Masculinity and manhood while discerning priesthood*. Franciscan University of Steubenville, Steubenville, OH.

Isacco, A., (2019, November). *Religious and spiritual factors to men's mental health*. University of Pittsburgh, Psychiatry Clinical Grand Rounds, Pittsburgh, PA.

Isacco, A., (2019, September). *Religion, spirituality, and masculinity: New insights for counselors*. Continuing Education workshop to Catholic Psychotherapy Association.

Isacco, A., (2019, August). *Intimacy, loneliness, and celibacy*. Diocese of Pittsburgh. Post-Ordination Formation.

Isacco, A., (2019, August). *Strength-based assessment and goal-setting*. St. Paul Seminary, Pittsburgh, PA.

Isacco, A., (2019, April). *A psychological perspective on clergy sexual offending*. St. Thomas More Society, Buchanan Ingersoll & Rooney Law firm, Pittsburgh, PA.

Isacco, A. (2019, January). *Strength-based assessment and goal-setting*. Franciscan University of Steubenville, Steubenville, OH.

Isacco, A. (2019, January). *A psychological perspective on clergy sexual offending*. Byzantine Catholic Seminary, Pittsburgh, PA.

Isacco, A. (2018, November). *Lessons learned from conducting psychological evaluations of seminarian applicants*. St. Paul Cathedral, Pittsburgh, PA

Isacco, A. (2018, September). *Going All In with vocational discernment*. Cathedral Square, Grand Rapids, MI.

Isacco, A. (2018, August). *Strength-based assessment and goal-setting*. St. Paul Seminary, Pittsburgh, PA.

Isacco, A. (2018, March). *Challenges, advocacy, and strategies to masters-level counseling training.* Part of a panel presentation at Council of Master's in Counseling Training Programs and Council of Training Programs in Counseling Psychology Conference. San Antonio, TX.

Isacco, A. (2017, November). *Breaking barriers to vocational decision-making among men discerning the Catholic priesthood*. Franciscan University of Steubenville, OH.

Isacco, A. (2017, August). *Personalities, conflict resolution, and communal living in a seminary – Part 2*. St. Paul Seminary, Pittsburgh, PA.

Isacco, A. (2017, April). *Religious and spiritual components to vocational decision-making.* Aquinas Academy High School, Allison Park, PA.

Isacco, A. (2017, April). *Religious and spiritual components to vocational decision-making.* Central Catholic High School, Pittsburgh, PA.

Isacco, A. (2017, March). *The power of positive fathering: Implications for research and clinical practice.* Franciscan University of Steubenville, OH.

Isacco, A. (2016, August). *Personalities, conflict resolution, and communal living in a seminary – Part 1*. St. Paul Seminary, Pittsburgh, PA.

Isacco, A. (2015, December). *Celibacy and psychosexual development of seminarians*. St. Paul Seminary, Pittsburgh, PA.

Isacco, A. (2015, September). *Psychological contributions to spiritual direction – Part II*. Sts. Cyril and Methodius Byzantine Catholic Seminary, Pittsburgh, PA.

Isacco, A. (2014, September). *Psychological contributions to spiritual direction*. Sts. Cyril and Methodius Byzantine Catholic Seminary, Pittsburgh, PA.

Isacco, A. (2014, June). *I pray with clients! And other confessions integrating spirituality into my clinical work with men.* Presentation at the National Psychotherapy with Men conference, Fullerton, California.

Isacco, A. (2012, September). *Transformative fatherhood*. Invited presentation at Franciscan University of Steubenville, Steubenville, Ohio.

Non-Peer Reviewed Publications

Isacco, A. (2026, March). Digital sports gambling fuels a new march madness. *National Catholic Register*, https://www.ncregister.com/commentaries/isacco-gambling-addiction

Isacco, A. (2025, September). Minnesota Catholics pray and grieve together after school tragedy. *National Catholic Register*, https://www.ncregister.com/commentaries/isacco-grieving-minnesota

Isacco, A. (2025, July). Psychological evaluations are a hidden key to the seminary renaissance. *National Catholic Register*, https://www.ncregister.com/commentaries/seminarian-psychological-evaluations

Isacco, A. (2025, July). Why priests need hope and community, now more than ever. *National Catholic Register*, https://www.ncregister.com/commentaries/isacco-priests-need-hope-and-community

Isacco, A., (2024, October). Executive summary: An examination of the clinical utility of

psychological evaluations of clergy candidates in the Catholic Church. *Leadership Roundtable,* https://leadershiproundtable.org/

Isacco, A., & Bradford, M., (2023, October). A Catholic perspective to the mental health crisis. *Word on Fire,* https://www.wordonfire.org/articles/the-mental-health-crisis-a-conversation-with-dr-anthony-isacco/

Isacco, A., & Singley, D. (2020, June). Fathering during dual crises. *Division 51, Psychology of Men and Masculinity* official website https://www.division51.net/post/fathering-during-dual-crises

Isacco, A. (2020, April). Men, masculinity, and solitude. *Souls and Hearts*. https://www.soulsandhearts.com/blog/solitude-masculinity-and-men-s-health

Isacco, A. (2019, October). Why celibacy? *Angelus News*. https://angelusnews.com/arts-culture/why-celibacy-points-to-the-kind-of-men-the-church-needs-today/

Isacco, A. (2018, September). Using the psychological evaluation to improve seminary applicants' potential for ministry. *Pittsburgh Catholic.*

Ackerman, M., & Isacco, A. (2018, November). Supporting vocations in a time of crisis. *Pittsburgh Catholic.*

Isacco, A. (2018, August). A psychologist on the front lines of identifying red flags in seminarian applications. *Pittsburgh Catholic.*

Isacco, A., Porada, K., & Tirabassi, D. (2016 – 2018). *Psychological Contributions to Seminarian Health.* Author and disseminate research briefs to seminary personnel in priestly formation programs. Topics include help-seeking behaviors, self-acceptance, identification of psychological strengths, and problematic pornography consumption.

Isacco, A. (2015, September). The Masculinity of Pope Francis. *Division 51, Psychology of Men and Masculinity* official website www.division51.net and *Good Men Project,* http://goodmenproject.com/

Isacco, A. (2015, June).* Postpartum Depression: A Tough Reality for Fathers. *Division 51, Psychology of Men and Masculinity* official website www.division51.net *Reprinted in the *Pittsburgh Post-Gazette* and *Good Men Project. *http://www.post-gazette.com/ and* http://goodmenproject.com/

Isacco, A. (2014, August). Happy, Holy, Healthy Priests. *Pittsburgh Post-Gazette.* https://www.post-gazette.com/opinion/2014/08/06/Holy-healthy-happy-priests/stories/201408060044

Isacco, A. (2014, February). Counseling 101**.** *Pittsburgh Post-Gazette.*

https://www.post-gazette.com/opinion/Op-Ed/2014/02/23/Chatham-psychology-professor-ANTHONY-ISACCO-Counseling-101/stories/201402230009

Isacco, A. (2012, June). We are all Prodigal Sons. *Pittsburgh Post-Gazette.* https://www.post-gazette.com/opinion/Op-Ed/2012/06/02/First-Person-We-are-all-prodigal-sons-Spirituality-can-help-redeem-men-s-health/stories/201206020135

Isacco, A. (2010, June). Father Types. *Pittsburgh Post-Gazette.* https://www.post-gazette.com/opinion/Op-Ed/2010/06/19/First-Person-Father-types/stories/201006190131

Past Clinical Experiences

Independent Contract Psychologist, October 2012 – 2014
Jewish Family & Community Services, Pittsburgh, PA

- Performed initial assessments and individual counseling with adult populations with typical diagnoses such as Adjustment Disorder, Major Depressive Disorder, Generalized Anxiety Disorder, and Post Traumatic Stress Disorder.

Post-Doctorate Clinical Psychology Intern, December 2009 – December 2010
Jewish Family & Community Services, Pittsburgh, PA

- Performed initial assessments, intakes, and individual counseling with adolescent, young adult, and adult populations.
- Conducted program evaluation of a systemic set of interventions for geriatric population.

Pre-Doctoral Internship (APA-Accredited), August 2008 – August 2009
University of Oregon Counseling and Testing Center, Eugene, OR

- Performed individual and group counseling, crisis intervention, ADHD/LD assessments, outreach, and prevention interventions with young adult and adult populations.
- Caseload entailed approximately 15 individual clients per week – typical diagnoses included Adjustment Disorder, Major Depressive Disorder, Generalized Anxiety Disorder, Post Traumatic Stress Disorder, Substance and Drug Use/Abuse/Dependence.
- Co-facilitated two groups for male populations: anger management and process group.
- Completed year-long, intensive rotation in university's Men's Center.
- Paraprofessional Activities: Intern Selection Committee member; Co-facilitator of multicultural organization development training on political values for staff members.

Advanced Therapy Doctorate-Level Externship, 2007 - 2008
Lake Forest College Counseling Center, Lake Forest, Illinois

- Performed individual counseling and psychological assessments, outreach, and prevention interventions with young adult populations.
- Caseload entailed ~4-8 clients per week, typical diagnoses included Adjustment Disorders, Mood and Anxiety Disorders, and Relational Problems NOS.

Neuropsychological Diagnostic Clerkship: Adult Track, 2006 – 2007
Northshore University HealthSystem, Dept. of Psychiatry, Evanston, Illinois

- Administered, scored, analyzed, and authored 28 neuropsychological assessment reports with adult population. Typical cognitive, intellectual, and psychological tests used: WAIS-III, WMS-III, PAI, MMPI, BDI-II, BAI, and Mood Disorder Questionnaire.
- Typical diagnoses included Dementia, Cognitive Disorders, and Mood Disorders.
- Assisted with intakes and feedback sessions with clients and family members.

Doctorate-level Therapeutic Externship, 2005 – 2006
Turning Point Behavioral Health Center, Skokie, Illinois
- Performed individual, family, group, career counseling, and intake assessments with children, adolescents, families, and adults.
- Typical diagnoses included Adjustment Disorders, Mood Disorders, Schizoaffective Disorder, Substance and Drug Dependence, Anxiety Disorders, and PTSD.

Master's Level Therapeutic Practicum, 2003 - 2004
The Academy of Physical and Social Development, Newton, Massachusetts
- Led six therapeutic groups for children and adolescents. Performed intake assessments with children and parents.

Undergraduate Practicum Placement, Summer 2001
Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania
- Assisted in group and family therapy as well as intake assessments and treatment plans.

Individual Clinical Supervision of Graduate Trainees
- *Supervisor*, 2014, Chatham University PsyD student, Pittsburgh, PA
- *Supervisor***,** 2008 – 2009, University of Oregon Counseling Center, Eugene, OR
- *Supervisor*, Fall 2006, Loyola University Chicago, Chicago, IL

<u>Outreach and Prevention Interventions</u>

***HALLOW* app**, 2021 (*content still active on app*)
- Developed a series of seven mental health talks and experiential exercises on psychological addictions (e.g., pornography, video gaming) for Catholic smartphone app.

Chatham University, Pittsburgh, Pennsylvania, 2009 – 2011
- Developed and implemented a series of vocational workshops for first-year students designed to increase retention and facilitate student choice of a major.

University of Oregon, Eugene, Oregon, 2008 – 2009
- Conducted outreach workshops on help-seeking behavior, service utilization, resident hall training, violence prevention, men's health, and leadership development.

Lake Forest College, Lake Forest, Illinois, 2007 - 2008
- Conducted campus-wide research to identify mental and physical health concerns of men. Presented results and provided recommendations to department of Student Affairs.
- Collaborated with Student Affairs staff, faculty, and students to establish a student-led chapter of *Active Minds* (www.activeminds.org).

Schweitzer Fellowship, Holy Trinity High School, Chicago, Illinois, 2004 - 2006
- Performed approximately 30 psycho-educational workshops (e.g., positive decision-making, racism, leadership) for diverse group of high school students and their families.

Peirce Elementary School, Chicago, Illinois, Spring, 2005
- Performed a series of 8 psycho-educational workshops for multicultural group of 7^{th}-8^{th} grade students. Topics included peer pressure, grief and loss, and violence prevention.

Previous Teaching Experience

Loyola University Chicago, Chicago, Illinois, 2004-2006
a. *Instructo*r, Undergraduate course: Adolescent Development and Educational Implications
b. *Graduate Teaching Assistant***,** Master's Level course: Counseling Skills

Previous Research Experience

Research Consultant, Franciscan University of Steubenville, 2011-2012
Jeffrey Rohde, PhD, Franciscan University Institute for World Health

Research Assistant, *Northshore University HealthSystem*, Evanston, Illinois**,** 2004 – 2008
Primary Supervisors: Dr. Craig Garfield and Dr. Madeline Shalowitz

Research Assistant, *Loyola University Chicago*, Chicago, Illinois**,** 2004 – 2008
Primary Supervisor: Dr. Elizabeth Vera

Research Assistant, *Boston College*, Chestnut Hill, Massachusetts, 2002 – 2004
Primary Supervisor: Dr. Mary Walsh

Research Consultant, John Badalament, Ed.M, Documentary Filmmaker, Boston, Massachusetts "All Men are Sons: Exploring the Legacy of Fatherhood*"* 2003 - 2004

Professional Organization Membership and Service

Associate Editor, Journal of *Spirituality in Clinical Practice*, 2019 – 2025
Editorial Board Member, Journal of *Spirituality in Clinical Practice*, 2025 - current

Content Expert Peer- Reviewer
- Ad Hoc Manuscript Reviewer for various peer-reviewed, professional journals.
- Office of Planning, Research, and Evaluation (OPRE), 2013 Responsible Fatherhood Research Network Grant Review.

Catholic Psychotherapy Association
- Journal Committee Member, 2025 - present
- Board Member, Member-at-Large (Journal), 2022 - 2024
- Journal Taskforce Chair, 2020 – 2022
  Led successful effort to start a new peer-reviewed, professional journal that integrates Catholic intellectual thought with mental health sciences and clinical practice. The

journal is called *Integratus* and is published quarterly (online and print) by Guilford. Journal website: https://guilfordjournals.com/journal/intg
- Co-Chair, Seminary Assessment & Counseling Special Interest Group, 2018 – 2021

Seminary Advisory Board, Saint Paul Seminary, Pittsburgh, PA, 2020 - present

Seminary Formation Team, Sts. Cyril and Methodius Byzantine Catholic Seminary, Pittsburgh, PA, 2016 – present

Program Advisory Board, MA in Clinical Mental Health Counseling/Pastoral Care and Counseling, Saint Vincent College, Latrobe, Pennsylvania, 2026 - present

Division 51, Society for the Psychological Study of Men and Masculinity
- Editorial Board, *Journal of the Psychology of Men and Masculinity,* 2015 - present
- Division Representative to Division 17 Masters-Level Training Taskforce, 2017
- Program Chair for 2012 APA Convention
- Reviewer, American Psychological Association Convention proposals, 2009 – 2013
- Consulted on APA Clinical Guidelines for Counseling Boys and Men (2018) https://www.apa.org/about/policy/boys-men-practice-guidelines.pdf

Division 17, Society for Counseling Psychology
- Hospitality Suite Co-Coordinator for 2014 APA Convention
- Member-at-Large, Webmaster, Section of Supervision and Training, 2013 - 2014
- APA Convention Program Committee, 2010 – 2013
- Committee for Early Career Counseling Psychologists, 2009 – 2012
- Environment Taskforce for International Counseling Psychology Conference, 2008

Trained Site Visitor, MPCAC**,** 2018

Executive Board Member/President-Elect, Council of Masters Counseling Training Programs (CMCTP), 2019 – 2021

Professional Affiliations
- American Psychological Association (APA)
- Division 51 of APA: Society for the Psychological Study of Men and Masculinity
- Division 36 of APA: Society for the Psychological Study of Religion and Spirituality
- Catholic Psychotherapy Association
- Council of Counseling Psychology Training Programs (CCPTP)

Community Service
- Saint Aidan Parish Festival Volunteer, 2025
- North Catholic High School Volunteer, 2025
- Volunteer Softball Coach, BradMarPine, 2022
- Volunteer Youth Soccer Coach, 2013 – 2021
  - Shaler Area Community Soccer League
  - North Allegheny Community Soccer League
- Volunteer Youth Basketball Coach, 2017

- North Allegheny Community Basketball League
- Sts. John and Paul Catholic Parish, Service Team, 2017

Academic Award and Fellowships

- Saint John Paul II Foundation Fellowship, 2025 – present
- Problem-Based Learning Faculty Fellow, 2012 – 2013
- Technology Faculty Fellow, 2013 – 2015
- Saint John Paul Research and Academic Excellence, Catholic Psychotherapy Association, 2021 & 2026
- Psychological Humanities Fellowship, Boston College, 2026 – present
- Beatrice Institute Faculty Fellow, 2020 – present

Timothy W. White, Psy.D., M.A.

Pennsylvania License #: PS020646

NPI: 1558098533

PsyPact Mobility Number: 23778

Saint Mary's University of Minnesota

Field Placement Director, Assistant Professor

Online

M.S. Clinical Psychology Program

Talk: 507-457-7551

twwhite@smumn.edu

PsychoGenesis Psychological Services, PLLC

Private Practice Owner

PO Box 234, Pocopson, PA, 19366

Talk/Text: (484) 301-0357

doctortimothywhite@psychogenesis.net

www.psychogenesis.net

Personal

Home Address: 828 Sharon Cir., West Chester, PA, 19382

Personal: 502-598-6521

Social Media

YouTube | LinkedIn | Instagram | Facebook | X/Twitter | Threads | Catholic Psychotherapy Association

CAREER OBJECTIVE

To expand the integration of culture, psychology, philosophy, and Catholic theology through clinical services, education, formation, research, and outreach initiatives.

EDUCATION

Divine Mercy University

Psy.D. Program in Clinical Psychology **2018—2023**

45154 Underwood Ln, Sterling, VA 20166

Divine Mercy University

Master of Science in Psychology **2020**

45154 Underwood Ln, Sterling, VA 20166

Saint Meinrad Seminary and School of Theology
Master of Arts in Theology **2018**
200 Hill Dr. St. Meinrad, IN, 47577

The Pontifical College Josephinum
Bachelor of Arts in Humanities **2016**
Cum laude
Dean's List
7625 N. High St. Columbus, OH 43235

DISSERTATION

"Communication and Conflict Management in Relationship Enhancement Therapy: A Critique Using Contemporary Psychological Science and the Catholic-Christian Metamodel of the Person"
Divine Mercy University

2023

RELATED ACADEMIC EXPERIENCE

Saint Mary's University of Minnesota
Online M.S. Clinical Psychology Program
Field Placement Director, Assistant Professor **2025—Present**
Reporting to the Program Director for the Masters of Science in Clinical Psychology, based in the Catholic Christian Meta Model of the Human Person, the Field Education Director is responsible for the overall administration of field education, teaching courses, and contributing to program development activities and university service. The Field Education Director maintains the fidelity of the field education by providing guidance, supervision, coordination, and evaluation of its processes. This position is responsible for ensuring that the field education meets all APA accreditation standards, relevant state licensure laws for professional practice, and is responsible for working with students and field sites nationwide. This position will be essential in establishing and maintaining the field education component of the Master's in Clinical Psychology program and will help the university attain accreditation from the American Psychological Association. The position includes maintaining an active course load of 12 credits per year and participating in other university responsibilities.
Fully Online
Minneapolis Campus

2500 Park Avenue
Minneapolis, MN 55404-4403

COURSES TAUGHT

Saint Mary's University of Minnesota
CLPY 660: Social Psychology **Current**
The focus of this course is on historical and current trends in social psychology, including major theories and seminal empirical findings. Specific examination of group processes, attributions, prejudice and attitudes are discussed and critiqued. Relevance to social change, advocacy, and health service psychology is highlighted. Social aspects of behavior are further discussed in relation to Catholic Social Teachings (e.g., the common good, social justice) and Catholic assumptions and beliefs of human nature.

Saint Mary's University of Minnesota
CLPY 685: Practicum **Summer 2026 to Current**

Practicum is the first field placement in which students obtain clinical training with a site that is affiliated, but external to, the university. Students are enrolled in a group supervision class within the program to focus on assimilation into the clinical team and system, case conceptualization, ethical decision-making, and the development and demonstration of program competencies in clinical practice. Emphasis is placed on professional values, attitudes, and behaviors as students represent the program and university.

Saint Mary's University of Minnesota
CLPY 635: Clinical Theories and Interventions Seminar **Spring 2026**
This advanced seminar course focuses on evidence-based interventions that integrate relevant psychological theory, research, and cultural factors to a) establish an intervention plan with appropriate treatment goals, b) intervention outcomes, and d) an evaluation plan of treatment process, goals, and outcomes. The course highlights how health service psychology interventions can account for social determinants of health and expansion of intervention roles. Students learn application of and Catholic assumptions and beliefs of human nature within the Catholic Christian Meta Model of the Person.

Saint Mary's University of Minnesota
CLPY 610: Ethics **Fall 2025**
This course provides an overview of the American Psychological Association ethical code of as well as how to find, read, and interpret federal and state laws, policies, and regulations relevant to health service psychology. Students explore their own personal ethics and virtue formation in relation to the profession of clinical psychology. Students are exposed to diverse ethical challenges and dilemmas as well as corresponding ethical decision-making models for resolution.

Saint Mary's University of Minnesota
CLPY 615: Multicultural Counseling **Fall 2026**
In this course, students are introduced to the American Psychological Association's multicultural guidelines and how to apply the guidelines across various settings, individuals, groups, communities, and professional roles. The course prepares according to the three core competences of multicultural counseling. Students examine the role of clinical psychology in system-level change through promotion of the common good and social justice, including their ability to function as an advocate to address social injustices that impact individuals, groups, and communities on society's margins.

RESEARCH EXPERIENCE

Immaculate Heart of Mary Counseling Center
Psycho-Spiritual-Vocational Assessment Project (PVAP) **2022—Present**
Consulting and collaboratively researching with Peter Martin's PVAP team to collect data and develop new scales based on vocational assessment data from various evaluation sites. Working on funding and networking to move project forward and expand the scope.
Virtual

POSTER PRESENTATIONS

"Communication and conflict management in Relationship Enhancement Therapy: An integrated faith and psychological perspective"
Divine Mercy University Symposium

2021

"Personhood: A Person is a Mystery to Another Person"
Divine Mercy University Symposium

2021

"The Divinization of the Psyche: An Incarnational Perspective on Psychology"
Divine Mercy University Symposium

2021

"Communication and conflict management in marital dyads: An integrated faith and psychological perspective"
Divine Mercy University Symposium

2020

PUBLICATIONS

White, T.W. (2024, December). Preventing Burnout in the Priesthood. *Integrated Life Journal,* Vol. 02.

ACADEMIC LECTURES

White, T.W. (2026, September 24). *Emerging Approaches to a Catholic Perspective on DEI and Virtue Integration in Psychology* [conference session / 1.5 CE credits]. Catholic Psychotherapy Association Annual Conference, Steubenville, OH, United States. https://cpa.ce21.com/item/2026-annual-conference-767862#tabAgenda

White, T.W. (2026). *Emerging Approaches to a Catholic Perspective on DEI and Virtue Integration in Psychology* [virtual conference session / 1.5 CE credits]. Catholic Psychotherapy Association Annual Conference (Virtual). https://cpa.ce21.com/item/2026-annual-conference-virtual-789419

White, T.W. (2023). Physiology of Trauma. [Lecture]. Saint Gregory the Great Seminary.

White, T. W. (2023). Demand-Withdrawal Pattern and Attachment in Seminary. [Lecture]. Saint Gregory the Great Seminary.

IN MEDIA

Redbird Ministries. (Unpublished). Creating an Enduring Connection. (Episode 12) [Documentary Series] *After.* Shalom World.

Bissen, Ashly. (2026, January 13). *"Currents S5, E2: AI and Mental Health with Tim White, Psy.D. and Anthony Isacco, Ph.D."* [Podcast]. Currents Podcast. https://www.smumn.edu/newsroom/transcript-currents-s5-e2-ai-and-mental-health-with-tim-white-psy-d-and-anthony-isacco-ph-d/

Cross, Adam. (2025, September 25). *"Body, Mind, Soul in Therapy, A Catholic Guide to Parts Work (feat Dr. Tim White)"* [YouTube]. The Catholic Therapist Podcast. https://youtu.be/mT-SmOxzWAY?si=ZLc-pSuk3H5FC7br

White, T.W. (2024, May 14). *"Mary's Hero's Journey: Revelation, and Post-Traumatic Growth."* [YouTube]. Journey to Thrive Podcast. https://www.youtube.com/watch?v=q1H9jbQT1yw

White, T.W. (2023, June 15), *The Hero's Journey of Christ and Your Mental Health.* [Radio broadcast] Spirit Catholic Radio Network. https://soundcloud.com/user-240811127/06-15-23-tim-white-the-heros-journey-of-christ-and-mental-health?utm_source=clipboard&utm_medium=text&utm_campaign=social_sharing

White, T.W. (2023, April 26) *Uncovering the Hidden Work of Catholic Psychologists in the U.S.* [Radio Broadcast] Spirit Catholic Radio Network Omaha. https://soundcloud.com/user-240811127/04-26-23-tim-white-catholic-psychologists-in-the-us

White, T.W. (2023, April 26) *Uncovering the Hidden Work of Catholic Psychologists in the U.S.* Immaculate Heart of Mary Counseling Center. https://www.immaculateheartcounseling.org/counselor-corner/uncovering-the-hidden-work-of-catholic-psychologists-in-the-us

White, T.W. (2023, January 2). *7 Steps to Fortify Your Communication as a Couple.* [Radio broadcast]. Spirit Catholic Radio Network Omaha.

White, T.W. (2022, December 23). 7 Steps to Fortify Your Communication as a Couple. Immaculate Heart of Mary Counseling Center. https://www.immaculateheartcounseling.org/counselor-corner/7-steps-to-fortify-your-communication-as-a-couple

MEMBERSHIPS

Catholic Psychotherapy Association **2020—Present**

American Psychological Association **2019—2023**

Society of Catholic Social Scientists **2020—2023**

AWARDS

Eagle Scout **2009**

RELATED CLINICAL EXPERIENCE

PsychoGenesis Psychological Services, PLLC
www.psychogenesis.net
Private Practice Owner **2025—Present**
Founder of PsychoGenesis Psychological Services, PLLC. Provides scientifically sound psychological interventions and assessments informed by Catholic faith. PsychoGenesis serves individual adults, couples, and groups for therapy and assessment with Catholics and non-Catholics treating a wide variety of mental health disorders. Workshops, speaking, consultation, and supervision available.
PO Box 234, Pocopson, PA, 19366 | telehealth

Saint John Vianney Center
Inpatient Contractor **2026—Present**
Outpatient Contractor **2023—Present**
Primary Therapist **2023—2025**
Post-Doctoral Intern **2023—2024**
Provides therapy and assessment for inpatient and outpatient clients as needed. Provided inpatient individual and group therapy for priests, religious, and seminarians according to a multidisciplinary treatment team approach (hospital administrators, psychiatrist, nurses, spiritual care advisors, continuing care coordinators, PT, OT, etc.). Facilitates a social intelligence psychoeducational group. Independent contractor for outpatient vocational assessment of perspective seminarians. Assist with scoring and administration of comprehensive psychological evaluation as needed.
151 Woodbine Rd, Downingtown, PA 19335

Catholic Social Services of Southern Nebraska
Psychology Pre-Doctoral Intern **2022—2023**
Provided clinical services at Immaculate Heart of Mary Counseling Center, St. Gregory the Great Seminary, and St. Teresa Catholic

School (K to 8th). Therapy with diverse clients, assessment, group therapy, and psychoeducational classes. Worked with a multidisciplinary team of administrative and support staff, teachers, and resource aids. Consultation with teachers and administration. Offered diagnostic, therapeutic, vocational, and religious assessment. Participated in didactic training, supervision, and consultation. Blog and social media posts. Radio broadcasts.
3700 Sheridan Blvd. Suite 1, Lincoln, NE 68506

Holy Cross Academy
Clinical Extern **2021—2022**
Provided clinical services to K to 8th grade students. Therapy with diverse clients, assessment, group therapy, and psychoeducational classes. Worked with multidisciplinary team of administrative and support staff, teachers, and resource aids. School consultation with teachers and administration. Offered assessment for entrance into women's religious order. Participated in didactic training, supervision, and consultation.
250 Stafford Lakes Pkwy, Fredericksburg, VA 22406

Catholic Charities Family Services
Clinical Extern **2020—2021**
Provided community mental health services in person and via telehealth. Individual therapy, couples' therapy, family therapy with children, assessment, and case management. Participated in didactic training, supervision, and consultation.
1101 Stafford Ave, Fredericksburg, VA 22401

Institute for Psychological Sciences
Clinical Extern **2019—2020**
Offered individual therapy. Participated in didactic training, supervision, and roleplay. Volunteered on outreach team to promote site in local area.
45154 Underwood Ln, Sterling, VA 20166

CLINICAL PRESENTATIONS AND WORKSHOPS

White, T.W. (2026). *"Building Resilience Through Virtue and Catholic Spiritual Practices"* [CE Credit Course]. Elijah Institute.

White, T.W. (2026). *"Linking Spiritual Assessments to Catholic Sacramental and Vocational"* [CE Credit Course]. Elijah Institute.

White, T.W. (2026). *"Planning for Termination with a Focus on Catholic"* [CE Credit Course]. Elijah Institute.

White, T.W. (2026). *"Foundations of the Alliance"* [CE Credit Course]. Elijah Institute.

White, T.W. (2026). *"Catholic Identity and Self-Care"* [Talk]. Teacher's Inservice Day - Saint Mary Magdalen Catholic School, Media, PA

White, T.W. (2026). *"Social Intelligence and the Saints"* [Talk]. Saints Peter and Paul - Catholic Young Adults of Chester County (CYACC), West Chester, PA

White, T.W. (2026). *"Psychology and the Sacraments"* [Talk]. Saint Mary Magdalen Catholic Church, Media, PA

White, T.W. (2026). *"The Psychology of Holiness"* [Talk]. The Church Street House, West Chester, PA

White, T.W. (2025). *"The Case of Daniel."* [Talk]. Saint Mary's University of MN.

White, T.W. (2025). *"Communication in Couple's Relationships."* [Talk]. Saints Peter and Paul Parish, West Chester, PA

White, T.W. (2025). *"An Integrated Perspective on the Value of the Social Sciences for the Church and the World."* [Webinar]. Redbird Ministries, Online Leaders Webinar.

White, T.W. (2024). "Internal Family Systems: Making Peace with your Inner Critic." [Talk]. Saint John Vianney Center, Downingtown, PA.

White, T.W. (2024). "A Model for Flourishing: Polyvagal Theory, Attachment Theory, and the Catholic Meta-Model of the Person." [Talk]. Saint John Vianney Center, Downingtown, PA.

White, T. W. (2023). Vocational Assessment Program for Priestly Formation Recommendations. [Workshop]. Immaculate Heart of Mary Counseling Center.

White, T.W. (2023). "A Proposed Transtheoretical Integration of The Catholic Christian Meta-Model of the Person: Psychodynamic, Jungian, CBT, IFS, Interpersonal, EFT, Neuroscience, Bronfenbrenner, Family Systems, Jordan Peterson, Thomism, Positive Psychology." [Talk] Immaculate Heart of Mary Counseling Center.

White, T. W. (2022). Burn out! How to make and maintain a self-care plan that actually works. [Workshop]. Catholic Charities Family Services.

White, T. W. (2021). Presentation on Cognitive Behavioral Therapy for Catholic Charities Staff. [Talk]. Catholic Charities Family Services.

White, T.W. (2021). *"Is It Necessary to Put Yourself First: Understanding the Value and Difficulty of Self-Care"* St. Pius X High School, Lincoln, NE, Teacher Professional Development Day.

White, T.W. (2021). *"Top 5 Ways of Improving Mental Health in the Classroom: Learn Habits You Can Implement in Your Class for Better Mental Health for You and Your Students"* [Workshop] Holy Cross Academy, Teacher Professional Development Day.

White, T.W. (2021).*"Test of Variable Attention (TOVA): Administration and Report Writing."* [Talk]. Catholic Charities Family Services.

White, T.W. (2021). *"Integration Panel."* Catholic Charities Family Services.

PROFESSIONAL CONFERENCES ATTENDED

Catholic Psychotherapy Association
Professional Member **2023, 2024, 2025**
Attended the annual CPA conferences in San Diego, CA in New Orleans, LA, and in Philadelphia, PA.

Catholic Psychotherapy Association
Student Member **2022**
Attended the annual CPA conference in Minneapolis, MN.

American Psychological Association
Student Affiliate **2019**
Attended the APA annual conference in Chicago, IL.

OTHER WORK EXPERIENCE

Roman Catholic Diocese of Lexington Kentucky
Seminarian **2012—2017**
Actively participated in pastoral, spiritual, intellectual, and human formation in a wide variety of settings across four states (Kentucky, Ohio, Indiana, and West Virginia). Some of the many responsibilities included student leadership, parish support, home visitation, flood relief, youth ministry, nursing home visitation, academic writing, liturgical ministry, public speaking, volunteer coordination, fundraising, and teaching.
Catholic Center, 1310 West Main St. Lexington, KY 40508

Polyface Farms, Inc.
Summer Intern **2010**

Polyface Farm is a world-renowned, sustainable farm founded by Joel Salatin who has been featured in books, documentaries (such as Food Inc.), podcasts (such as Joe Rogan), and magazines (such as National Geographic). Responsibilities included farming livestock, retail, and product distribution.
43 Pure Meadows Ln, Swoope, VA 24479

Father Beiting Appalachian Mission Center
Summer Intern **2013 & 2015**
Responsibilities included managing a camp for underprivileged Eastern Kentucky girls, leading teams of volunteers in major home repair projects for underprivileged residents and assisting with warehouse operations. Other responsibilities included disaster relief, cultural immersion, and home visitations.
332 Riverbend Rd., Louisa, KY 41230

I.A.T.S.E Local 17
Stagehand **2018**
Responsibilities included audio, decorations, lighting, loading, and rigging for convention center and stadium venues.
119 W Breckinridge St, Louisville, KY 40203

HOBBIES AND INTERESTS

I enjoy playing bluegrass and Irish music on guitar and ukulele. I like backpacking, whitewater kayaking, long distance running, martial arts, rock climbing, and waterskiing. I also enjoy carpentry, choral singing, and cooking. My wife and three daughters are central to my life.

VOLUNTEER WORK

St. Agnes Catholic Church
Schola Member **2023—2024**

St. Lawrence Catholic Church
High School CCD (or Sunday School) Teacher **2017—2018**

Boy Scouts of America - Troop 37
Assistant Scoutmaster **2017—2018**

Head Start Program
Preschool Volunteer **2016—2017**

Villas of St. Therese Assisted Living

Volunteer **2014—2015**

Updated 8/27/2026

CURRICULUM VITAE

Sister Maria Amata Rossi, R.S.M., Psy.D.
(Rachel Elaine Rossi)
srmariaamata@almamercy.org
srossi@smumn.edu

Personal Data

Member of the Religious Sisters of Mercy of Alma, Michigan since 2016

Education

August 2026 — **Institute for the Psychological Sciences at Divine Mercy University**
Doctor of Psychology in Clinical Psychology (Psy.D.)
APA-accredited program
GPA: 4.0

Dissertation: "Perfection without perfectionism: Anthropological and psychological considerations for conceptualization and treatment of perfectionism" Chair: Antony Bond, Psy.D.

May 2021 — Masters in Psychology (M.Psy.)
GPA: 4.0

May 2016 — **University of Dallas**
B.A. in Chemistry
Magna Cum Laude

Current Professional Positions

08/2026 – Present — **Assistant Professor**
School of Health and Human Services, Saint Mary's University of Minnesota

- Teach graduate-level courses in MS in Clinical Psychology program, advise students, and contribute to program and curriculum development
- Courses: Professional Seminar I (FA26), Multicultural Counseling (FA26)

08/2026 – Present — **Postdoctoral Resident**
Vita Psychological Services, LLC
Supervisor: Robert Casselman, PhD, LP

- Individual psychotherapy and psychological assessment for adults at a private practice

Previous Professional Positions

02/2023 – 07/2023 — **Interim Delegate for Consecrated Life; Coordinator for Clergy, Consecrated Life, and Vocations Department; Mission Appeals and Awareness Coordinator, Diocese of Toledo** – Toledo, OH

Chancery, Diocese of Toledo

- Official representative of and advisor to the Bishop in matters regarding Consecrated Life in the Diocese of Toledo
- Maintained working relationships with consecrated persons and religious superiors, fostered communication, and responded to needs of religious communities
- Planned and coordinated events for diocese and clergy
- Oversaw mission appeals and collections in parishes across 19 counties in NW Ohio

11/2022 – 02/2023 **Interim Executive Secretary, Chancery, Diocese of Knoxville** – Knoxville, TN

- Utilized strong administrative and organizational skills as executive secretary in a large corporation
- Maintained confidential records and personnel files; Improved organization and filing system

07/2018 – 08/2019 **Hospital Chaplain, Saint Francis Health System** – Tulsa, OK

Saint Francis Hospital, Laureate Psychiatric Hospital, & Children's Hospital at Saint Francis

- Provided spiritual support and pastoral counseling to patients, family members, and staff of diverse backgrounds and religious denominations in inpatient medical and psychiatric units throughout the Health System
- On call 24 hours/week; Responded to emergencies, hospital codes, and tornadoes
- Offered weekly support for Breast Cancer Center staff and physicians
- Led portion of new employee orientation for entire Health System regarding Ethics Committee and Pastoral Care

Clinical Training

APA-Accredited Doctoral Psychology Internship:

July 2025 – July 2026 **Eastern Oklahoma Veterans Affairs (VA) Health Care System**

Psychology Intern (40 hr/week) – Tulsa, OK & Muskogee, OK

Training Directors: Arena Mueller, Psy.D., Jordan Heroux, Ph.D.

Supervisors: Autumn Slaughter, Ph.D., Patrick McNeely, Psy.D., Diane Genther, Ph.D., David Webster, Ph.D.

- Rotations: Psychiatric inpatient unit, general mental health, evidence-based psychotherapy, and psychodiagnostic/personality assessment
- Trainings in Acceptance and Commitment Therapy (ACT) and Cognitive Processing Therapy (CPT); co-lead 15-week DBT Skills group
- Completed 20 comprehensive psychological assessments
- Provided individual supervision of psychology doctoral student and group supervision of social work students

Supervised Clinical Practicum:

08/2024 – 05/2025 **Washington DC Veterans Affairs Medical Center**
Trauma Services Program

Psychology Extern (16 hr/week) – Washington, D.C.

Supervisor: Ranon Cortell, Ph.D.

- Conduct comprehensive trauma-informed assessments with veterans to establish diagnoses and program appropriateness
- Provide individual evidence-based treatment for PTSD
    - Modalities: Cognitive Processing Therapy (CPT), Prolonged Exposure Therapy (PE), Written Exposure Therapy (WET)

08/2023 – 05/2024 **Alpha Omega Clinic and Consultation Services**
Psychology Extern (16-20 hr/week) – Bethesda, MD
Supervisor: Kathleen Musslewhite, Psy.D., J.D.

- Provide individual and family therapy for adults and children within faith-integrated private practice setting
    - Modalities: CBT, Psychodynamic, Interpersonal, Child-Centered Play Therapy, and Filial Family Therapy
- Conduct comprehensive psychological assessments for adults (1 seminary applicant and 1 prospective consecrated virgin)

07/2021 – 06/2022 **Catholic Charities Family Services**
Psychology Extern (16-20 hr/week) – Fairfax, VA
Supervisors: Stephanie Robins, Psy.D., Dr. Michael Davis, Psy.D.

- Provide individual psychotherapy for adults, adolescents, and children within community outpatient mental health clinic with emphasis on trauma-informed care and severe mental illness
    - Modalities: CBT, DBT, Psychodynamic, Interpersonal, and Narrative Exposure therapies
- Conduct comprehensive psychological assessments (3 applicants to religious life, 1 diagnostic child assessment)
- Collaborate with external mental health and legal professionals as well as programs within agency to facilitate comprehensive care

07/2020 – 06/2021 **IPS Center for Psychological Services**
Psychology Extern (8-10 hr/week) – Sterling, VA
Supervisor: Helena Orellana, Psy.D.

- Provide individual psychotherapy within outpatient mental health clinic
    - Modalities: Pragmatic Psychodynamic Therapy and Emotionally Focused Individual Therapy
- Volunteer intake clinician: Conduct initial phone screenings and risk assessments, provide treatment referrals

Publications

Rossi, S. M. A. (2026). Mercy as a virtue to guide the clinical practice of psychology. *Integratus*, *4*(1), 67-79. https://doi.org/10.1521/intg.2026.4.1.67

Selected for Editor's Choice Award

Rossi, R. (2015). Alzheimer's disease on a biochemical level: Amyloid fibrils. *University of Dallas Journal of Science, 2*(1), 14-15.

Presentations

Presentations Integrating Psychology with Philosophical and Theological Anthropology

Rossi, M. A. (2025, March). *The Mental Health Crisis for Children and Adolescents.* Converging Roads: Catholic Social Doctrine in Medicine (Regional Conference for Health Care Professionals), Fort Myers, FL

Rossi, M. A. (2024, April). *If You Wish to be Perfect…Principles for Addressing Perfectionism in Human Formation.* Presentation for Council of Major Superiors of Women Religious Formators Workshop, Huntington, NY

Rossi, M. A. (2022, April). *Earning Secure: Healthy Relationships and Attachment Theory*. Supervised by Stephanie Robins, Psy.D., Psychoeducation Outreach for St. Margaret of Cortona Transitional and Maternity Housing Program, Woodbridge, VA

Rossi, M. A. (2022, January). *Blessed are the Merciful: Mercy as a Virtue to Guide Clinical Practice of Psychology.* [Oral presentation voted Best in Integration]. Institute for the Psychological Sciences Student Symposium, Sterling, VA

Rossi, M. A. (2021, January). *The Significance of Emotions for Flourishing from Two Perspectives: Aquinas and Greenberg.* [Oral presentation voted Best in Psychology]. Institute for the Psychological Sciences Student Symposium, Sterling, VA

Rossi, M. A., Vette, R. O., Williams, M. (2020, October). *Psychology, Self-Care, and the Spiritual Life.* Supervised by Helena Orellana, Psy.D., Psychoeducation Outreach for Fiat Young Adult Ministry, Sterling, VA

Theological Presentations

Cremin, M. C. & **Rossi, M. A.** (2020, October). Obedience: Faithful, Free, and Fruitful. Invited presentation for the college-aged seminarians and priest faculty of St. John Paul II Seminary, Washington, D.C.

Psychological Presentations

Komari, S. J., Elliott, B., **Rossi, M. A.** & Thomas, J. (2026, May). Burnout: What is it and how do we manage it? Mental Health Seminar on Ethical, Evidence-based Practices, Eastern Oklahoma VA Health Care System, Tulsa, OK

Rossi, M. A. (2022, April). *Personality Assessment Inventory*. Supervised by Stephanie Robins, Psy.D., Didactic for Catholic Charities Family Services, Fredericksburg, VA

Rossi, M. A. (2022, March). *Psychotherapy Case Presentation of Trauma-Informed Care*. Supervised by Stephanie Robins, Psy.D., Catholic Charities Family Services, Fredericksburg, VA

Poster Presentations

Rossi, M. A. (2022, January). *Perfection without Perfectionism: Anthropological Considerations for Conceptualization and Treatment of Perfectionism*. Institute for the Psychological Sciences Student Symposium, Sterling, VA

<u>Selected Professional Development</u>

01/2026	Acceptance and Commitment Therapy for Depression *US Department of Veterans Affairs*
10/2025	Cognitive Processing Therapy for PTSD *US Department of Veterans Affairs*
10/2024	Clinician Administered PTSD Scale for DSM-5 (CAPS-5) Clinician Training *National Center for PTSD*
02/2022	General Psychiatric Management for Borderline Personality Disorder *Gunderson Personality Disorders Institute at McLean Hospital, accredited by Harvard Medical School* *McClean Borderline Personality Disorder Training Institute*
09/2021	Emotionally Focused Individual Therapy (EFIT) Webinar APA-approved home study with Dr. Sue Johnson *Relationshifts EFT Center*
09/2020	APA Telepsychology Best Practices 101 Webinars *Telebehavioral Health Institute*

Professional Affiliations

Catholic Psychotherapy Association
National Register of Health Service Psychologists - Associate Program Member